

# John Bradshaw



## 2008 MEDIA CATALOG

CD and DVD Lecture and Workshop Collection  
and *New York Times* Best-Selling Books

*“It is a mark of soulfulness to be present in the here and now. When we are present, we are not fabricating inner movies. We are seeing what is before us.”*

— John Bradshaw

# John Bradshaw

PHILOSOPHER, COUNSELOR, THEOLOGIAN  
AND TEACHER



## 2008 MEDIA CATALOG

Welcome to John Bradshaw Media Group programs. John offers an array of topics whether you are a professional, a laymen or are just looking for a better understanding for yourself or a loved one. John Bradshaw is a primary figure in the contemporary self-help movement, particularly in the fields of family systems, co-dependency, and addictions and recovery.

Nominated by his peers as one of the *100 Most Influential Writers on Emotional Health in the 20th Century*, he has touched and changed millions of lives around the globe through his best-selling books, sold-out workshops and seminars, and especially his widely acclaimed PBS television series **Bradshaw On: The Family, Homecoming, Creating Love, Eating Disorders, Family Secrets** and many more.



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JOHN BRADSHAW MEDIA GROUP

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## Books

### Introducing John's Newest Book

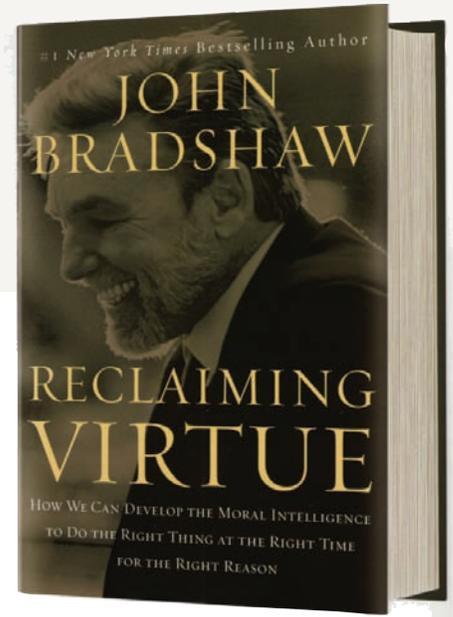
#### **RECLAIMING VIRTUE**

***How We Can Develop the Moral Intelligence to Do the Right Thing at the Right Time for the Right Reason***

Best-selling author **John Bradshaw** returns with a new thought-provoking work in ***RECLAIMING VIRTUE: How We Can Develop the Moral Intelligence to Do the Right Thing at the Right Time for the Right Reason***. In his very accessible yet deeply felt way, Bradshaw synthesizes information culled from a wide range of disciplines—especially the most recent revelations in neuroscience—to illuminate our innate instinct for goodness and to show, step-by-step, how we can cultivate it in ourselves and in others—especially within our own families, and in our own children.

Transcending divisive debates about public and private morality, ***RECLAIMING VIRTUE*** is a fresh exploration of topics Bradshaw has made his own: the shaping influence of family, breaking free of the past, developing conscience and inner strength, loving wisely, mastering the power of personal change, and so much more.

As always, ***RECLAIMING VIRTUE*** contains moving vignettes from Bradshaw's own life—a trademark touch his millions of readers and viewers will embrace.



**Format:** Bantam Hardcover, 560 pages

**Price:** \$25.00 (\$28.00 Canada)

**ISBN:** 978-0-553-095920

#### Why read *RECLAIMING VIRTUE*?

1. It is a radical departure from the traditional way of teaching morality and is based on significant developments in the field of neuroscientific studies during the last fifteen years.
2. It is a call to good old moral virtue, harkening back to the earliest traditions of Greek moral philosophy and combining them with the tradition of the great Medieval theologian Thomas Aquinas.
3. It presents moral intelligence as a unique, innate intelligence that can be perfected through becoming the virtue of *Prudence* (how to choose well), which is the virtue of virtues.
4. It speaks directly to the polarization caused by fundamental extremists, who justify killing under the name of God, and it exposes the cruelty of any totalist culture of obedience which tolerates murder, torture, and mind control, thus negating any possibility for moral intelligence.
5. It offers a step-by-step, coherent view of the ethics of virtue, which aims at developing the inner strength of the soul, providing an ethics that fits the demands of the information revolution's need for autonomy, individuality, and knowledge workers.

Coming Fall 2008!

Pre-Order Yours  
Today!

“John Bradshaw strikes a chord... [with his] righteous zeal tempered with an undercurrent of honesty and vulnerability.”

—Common Boundary Magazine



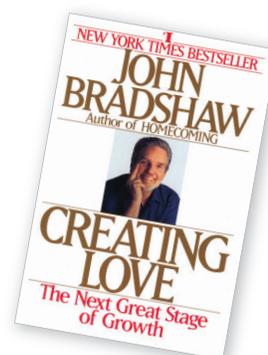
## **CREATING LOVE** *A New Way of Understanding Our Most Important Relationships*

In **CREATING LOVE**, **John Bradshaw** provides a new way to understand our most crucial relationships: with parents and children, with friends and co-workers, with ourselves, and with God.

He shows us how we have been literally “entranced” by past experiences of counterfeit love, how we can break these destructive patterns, and how we can open ourselves to the soul-building work of real love.

**John Bradshaw** has touched and changed millions of lives through his nationally televised **PBS** series and his best-selling books. His previous book, **HOMECOMING**, introduced the concept of the inner child to a vast new audience. Now he defines the “next great stage of growth”—how we can work to create healthy, loving relationships in every part of our lives.

Written for everyone who has struggled with painful relationships and is seeking hope and a new direction, **CREATING LOVE** is a life-changing book.



**Format:** Trade Paperback, 400 pages  
**Price:** \$17.00  
**ISBN:** 978-0-553-37305-9 (0-553-37305-6)

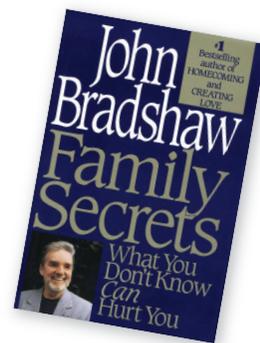
## **FAMILY SECRETS** *The Path to Self-Acceptance and Reunion*

All families have secrets. Some secrets are healthy. But others—those **John Bradshaw** calls “dark secrets”—limit the wholeness and freedom of every member of the family, often generation after generation.

**John Bradshaw**'s compelling new book takes us into the heart of the family's mysterious power to impact our lives. It explores how secrets are created, how they influence us (even if we don't know they exist), and the risks we take in exploring them.

At the core of **FAMILY SECRETS** is a step-by-step guide to uncovering the secrets of the past and present, using a tool called the “genogram” to chart key relationships. Through many fascinating examples, this unique book shows how to recognize crucial gaps and silences, reconstruct missing information, and decipher partial memories.

It also offers readers vital advice on how to deal with the truths revealed, plus ways to stay safely and honestly connected with our families.



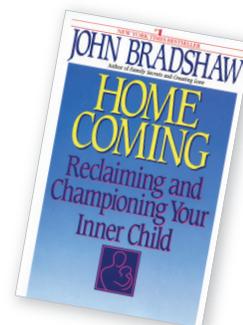
**Format:** Trade Paperback, 320 pages  
**Price:** \$17.00  
**ISBN:** 978-0-553-37498-8 (0-553-37498-2)

## **HOMECOMING:** *Reclaiming and Healing Your Inner Child*

“Three things are striking about inner child work,” says **John Bradshaw**, “... the speed with which people change when they do this work and the depth of the power and creativity that result when the wounds from the past are healed.”

We first see the world through the eyes of a little child, and that inner child remains with us throughout our lives, no matter how outwardly “grown-up” and powerful we become. If our vulnerable child was hurt or abandoned, shamed or neglected, that child's, pain, grief, and anger live on within us.

“I believe that this neglected, wounded inner child of the past is the major source of human misery.”



**Format:** Trade Paperback, 304 pages  
**Price:** \$17.00  
**ISBN:** 978-0-553-35389-1 (0-553-35389-6)

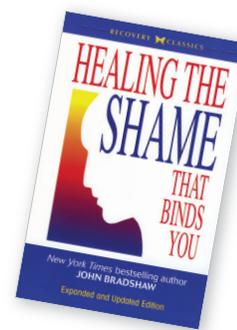


## **HEALING THE SHAME THAT BINDS YOU**

This classic book—written 17 years ago, but still selling more than 13,000 copies every year—has been completely updated and expanded by the author.

“I used to drink,” writes **John Bradshaw**, to solve the problems caused by drinking. The more I drank to relieve my shame-based loneliness and hurt, the more I felt ashamed.”

Shame is the motivator behind our toxic behaviors: the compulsion, co-dependency, addiction, and drive to superachieve that breaks down the family and destroys personal lives. This book has helped millions identify their personal shame, understand the underlying reasons for it, address these root causes, and release themselves from the shame that binds them to their past failures.



**Format:** Trade Paperback, 304 pages

**Price:** \$14.95

**ISBN-13:** 9780757303234

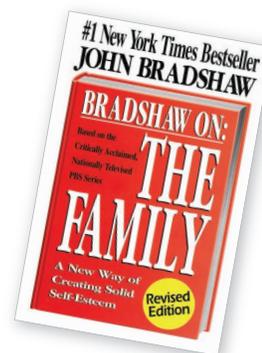
## **BRADSHAW: ON THE FAMILY** **A New Way Of Creating Solid Self-Esteem**

In this long-awaited revision, Bradshaw explores ways to escape the tyranny of family-reinforced behavior traps and shows you how to make conscious choices that will transform your life.

Based on the public television series of the same name, **BRADSHAW ON: THE FAMILY** is **John Bradshaw's** seminal work on the dynamics of families that has sold more than a million copies since its original publication in 1988. Within its pages, you will discover the cause of emotionally impaired families. You will learn how unhealthy rules of behavior are passed down from parents to children, and the destructive effect this process has on our society.

Using the latest family research and recovery material in this new edition, Bradshaw also explores the individual in both a family and societal setting. He shows you ways to escape the tyranny of family-reinforced behavior traps—from addiction and co-dependency to loss of will and denial—and demonstrates how to make conscious choices that will transform your life and the lives of your loved ones. He helps you heal yourself and then, using what you have learned, helps you heal your family.

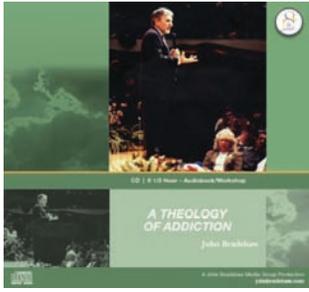
Finally, Bradshaw extends this idea to our society: by returning yourself and your family to emotional health, you can heal the world in which you live. He helps you re-envision societal conflicts from the perspective of a global family and shares with you the power of deep democracy: how the choices you make every day can affect—and improve—your world.



**Format:** Trade Paperback, 304 pages

**List Price:** \$13.95

**ISBN-13:** 9781558744271



## A THEOLOGY OF ADDICTION

Veteran philosopher, psychologist, counselor, theologian and **teacher, John Bradshaw**, is also an *Emmy*-nominated talk show host. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series, and his nationally syndicated talk show *The Bradshaw Difference* with **MGM**.

In this intense workshop, **A THEOLOGY OF ADDICTION**, **John Bradshaw** offers his viewpoints on addictive behaviors and connects addictions with various theological and religious realities. This constructive lecture series explores the earliest roots of addictive behaviors and provides the listener with a new way to approach addictions from the theological perspective. Addictions are complex; while some addictive personality traits have genetic roots, others are conditioned in childhood. Many **multiple-addicted** individuals successfully change one behavior without changing all the others. John discusses the multiple-addicted personality and offers an

original therapeutic approach to dealing with addictions.

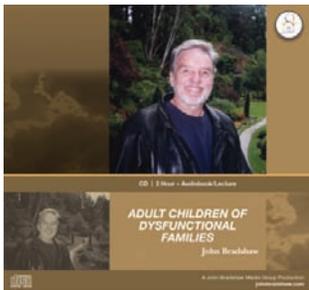
This workshop, **A THEOLOGY OF ADDICTION**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops, that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as *"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."* Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who ordered **A THEOLOGY OF ADDICTION** with **John Bradshaw** also bought **BRADSHAW ON: EATING DISORDERS, CO-DEPENDENCY**, and the blockbuster series **BRADSHAW ON: THE FAMILY**.

**CD** 6 Hours – Audiobook/Workshop

**\$140**

ISBN 978-1-57388-274-3



## ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES

The problem of compulsive behavior patterns and addictions manifested by adults who grew up in dysfunctional families is addressed in this **PBS** lecture, **ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES**, produced by Denver's **KBDI-TV** and America's most prominent self-help expert, **John Bradshaw**.

In this two-part series, **John Bradshaw** outlines a three-phase process of emotional recovery, uncovering to discovery. This series is a must for those who have long suffered the consequences of being raised with physical or emotional abuse, abandonment, neglect, and shame. John demonstrates how abuse is often carried into our adult lives, contaminating relationships and effecting our emotional health and that of our loved ones.

**Part One: The Problem – The Legacy Of Shame**

**Part Two: The Solution – The Recovery, Uncovering to Discovery**

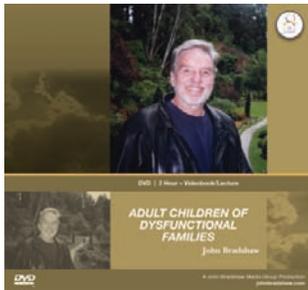
The lecture series, **ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars, and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as *"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."* Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who ordered **ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES** with **John Bradshaw** also bought **CREATING HEALTHY RELATIONSHIPS** and **BUILDING PERSONAL BOUNDARIES**.

**CD** 2 Hours – Audiobook/Lecture

**\$70**

ISBN 978-1-57388-082-4

**ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES**

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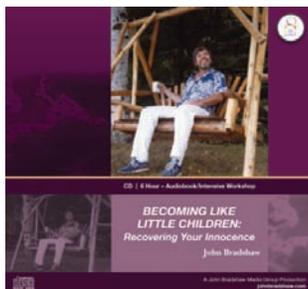
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People who ordered **ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES** with **John Bradshaw** also bought **CREATING HEALTHY RELATIONSHIPS** and **BUILDING PERSONAL BOUNDARIES**.

**DVD** 2 Hours – Videobook/Lecture

**\$70**

ISBN 978-1-57388-200-2

**BECOMING LIKE LITTLE CHILDREN:  
Recovering Your Innocence**

From America's most prominent self-help expert and "**One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century**", renowned author, philosopher, and theologian, **John Bradshaw**, challenges us to recover our innocence and "become like little children."

In this moving and powerful lecture series, John calls on his deeply rooted Christian theological background as he discusses an ancient tradition of spirituality that is rooted in "natural shame" (the essence of being perfectly imperfect human beings) and is a translation of the Christian story into psychological terms.

**John Bradshaw** takes us on a journey of discovery, from our loss of innocence through suffering, grief, and forgiveness, to the recovery of innocence and a new awareness of our calling and Christ-like destiny known as "the wonder child". We are called by our higher power to imagine new ways of spreading the healing truths revealed as the will of Jesus' Father, the most central being, the awareness that we are unconditionally loved and forgiven.

**Part One: Original Sin—The Loss Of Innocence—A Psychological Perspective**

**Part Two: The Journey—Legitimate Suffering**

**Part Three: Absolute Forgiveness—Grieving Parental Wounds**

**Part Four: The Work Of Love—The Gift Of Natural Shame**

**Part Five: "Behold I Do New Things"—Personal Destiny And Imagination**

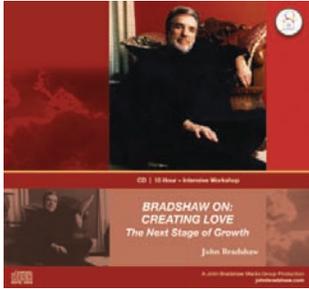
This series, **BECOMING LIKE LITTLE CHILDREN: Recovering Your Innocence**, with **John Bradshaw**, urges you to accept the challenge of becoming light-bearers of this profound message—"Love makes all things 'new' and possible." Modeling love means giving up judgment, forgiving all, and walking the path of mercy and compassion.

People who ordered **BECOMING LIKE LITTLE CHILDREN: Recovering Your Innocence** also bought **BRADSHAW ON: CREATING LOVE, RETURN TO VIRTUE**, and **THE PRICE OF NICE**.

**CD** 6 Hours – Audiobook/Intensive Workshop

**\$130**

ISBN 978-1-57388-189-0



## BRADSHAW ON: CREATING LOVE The Next Stage of Growth

In conjunction with this *New York Times* Best Seller, *BRADSHAW ON: CREATING LOVE, The Next Stage of Growth*, theologian, philosopher, psychologist, and author, **John Bradshaw**, moves us beyond our wounded self to show all of us how we can recover and build loving adult relationships in “the next stage of growth.” This work on developing healthy loving relationships in every part of life has achieved national acclaim. This intensive workshop offers a systematic process for emotionally separating from our parents or survival figures. This work allows us to become authentic in our current relationships.

- Part One:** Mystified Love – Mystified Love Is A Counterfeit Love Rooted In Early Life Experiences Of Abuse, Abandonment, Trauma And Cultural Influences “Mystify” Love.
- Part Two:** Soulfulness—Soulfulness, A Natural Life-Affirming State, Can Be Crushed By Certain Child-Rearing Practices
- Part Three:** Parental Love— A Concrete Model For Parental Love
- Part Four:** The Possibility Of Love—Exercises To Finish The Past And Free Ourselves To Be Able To Love
- Part Five:** The Love Of God—Ways To Connect With Our True Spirituality

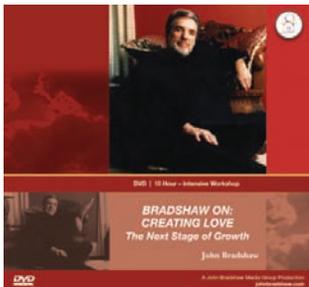
- Part Six:** Self Love—Exercises For Learning To Love And Accept Oneself
- Part Seven:** Friendships—The Dynamics Of Friendship And The Importance Of Community
- Part Eight:** Spousal Love—Four Stages Of Childhood That Are Re-Enacted In Every Love Relationship. How To Develop True Intimacy
- Part Nine:** Love In The Workplace—Dysfunctional Family Patterns Can Be Recreated In The Work Setting. How To Build A “Soulful” Workplace
- Part Ten:** Loving The Earth—A New Cosmology In Which All Life Is Viewed As Equally Vital To The Earth’s Health

In *BRADSHAW ON: CREATING LOVE*, **John Bradshaw** provides us with a new way to understand our most crucial relationships, with our spouses, with parents and children, with friends and co-workers, with ourselves, and with God. This workshop helps bring hope and a new direction to the relationships of our life. **John Bradshaw** shows us how we can break the destructive patterns of counterfeit love relationships and open ourselves to the soul-building work of true, authentic love. Healing the family legacy is the pre-condition of being able to love. John shows us how to create authentically healthy, fulfilling, and loving relationships in every part of our life.

People who bought this series, *BRADSHAW ON: CREATING LOVE*, with **John Bradshaw**, also bought *WAYS TO ENHANCE INTIMACY, FIGHTING FAIR*, and *NATURAL SHAME, SEXUALITY, AND SPIRITUALITY*.

**CD** 10 Hours – Audiobook/Intensive Workshop **\$199**

ISBN 978-1-57388-093-0



## BRADSHAW ON: CREATING LOVE The Next Stage of Growth

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People who bought this series, *BRADSHAW ON: CREATING LOVE*, with **John Bradshaw**, also bought *WAYS TO ENHANCE INTIMACY, FIGHTING FAIR*, and *NATURAL SHAME, SEXUALITY, AND SPIRITUALITY*.

**DVD** 10 Hours – Videobook/Intensive Workshop **\$199**

ISBN 978-1-57388-090-9

**BRADSHAW ON: Eating Disorders**

In this powerful, three-part **PBS** series, **BRADSHAW ON: EATING DISORDERS**, counselor and academic **John Bradshaw** offers a totally unique approach to managing the problem of food addictions, including anorexia nervosa, bulimia, obesity, binge eating, and the fat/thin obsession. **John Bradshaw** explains the biological, psychological, neuro-chemical, and psychopathological processes that encompass eating disorders.

In **BRADSHAW ON: EATING DISORDERS**, John provides a clinical process of healing eating disorders and discusses the danger of diets. His interviews with four dynamic people who have overcome eating disorders bring new insights to the problem of food addiction and obsessions with weight. He explains why diets not only do not work, but also can ultimately cause weight gain. John gives you his latest research and thoughts about weight maintenance and ten components of non-addictive eating. These

ten components will help you accept and love yourself just as you are. **John Bradshaw** shows us how eating disorders get set up in family systems and discusses the clinical process of healing eating disorders. This series utilizes actual people who are working on their recovery with eating disorders.

**Part 1: Obsession With Food**

**Part 2: The Danger of Diets**

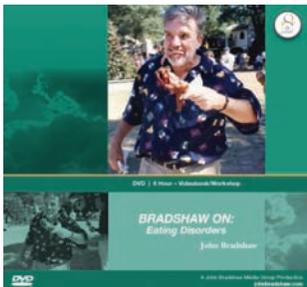
**Part 3: Ten Components of Non-Addictive Eating**

People who bought this series, **BRADSHAW ON: EATING DISORDERS**, with **John Bradshaw**, also bought *New York Times* #1 Best Sellers **HOMECOMING: Reclaiming and Championing Your Inner Child**; **HEALING THE SHAME THAT BINDS YOU**; and **STRESS VERSUS INNER PEACE**.

**CD** 3 Hours – Audiobook Intensive Workshop

**\$140**

ISBN 978-1-57388-198-2

**BRADSHAW ON: Eating Disorders**

In this powerful, three-part **PBS** series, **BRADSHAW ON: EATING DISORDERS**, counselor and academic **John Bradshaw** offers a totally unique approach to managing the problem of food addictions, including anorexia nervosa, bulimia, obesity, binge eating, and the fat/thin obsession. **John Bradshaw** explains the biological, psychological, neuro-chemical, and psychopathological processes that encompass eating disorders.

In **BRADSHAW ON: EATING DISORDERS**, John provides a clinical process of healing eating disorders and discusses the danger of diets. His interviews with four dynamic people who have overcome eating disorders bring new insights to the problem of food addiction and obsessions with weight. He explains why diets not only do not work, but also can ultimately cause weight gain. John gives you his latest research and thoughts about weight maintenance and ten components of non-addictive eating. These

ten components will help you accept and love yourself just as you are. **John Bradshaw** shows us how eating disorders get set up in family systems and discusses the clinical process of healing eating disorders. This series utilizes actual people who are working on their recovery with eating disorders.

**Part 1: Obsession With Food**

**Part 2: The Danger of Diets**

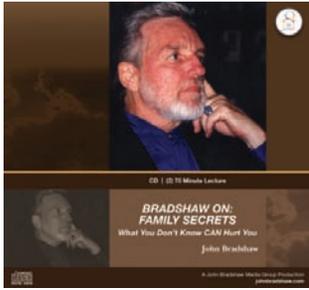
**Part 3: Ten Components of Non-Addictive Eating**

People who bought this series, **BRADSHAW ON: EATING DISORDERS**, with **John Bradshaw**, also bought *New York Times* #1 Best Sellers **BRADSHAW ON: HOMECOMING**, *Reclaiming and Championing Your Inner Child*; **HEALING THE SHAME THAT BINDS YOU**; and **STRESS VERSUS INNER PEACE**.

**DVD** 3 Hours – Videobook/Lecture

**\$160**

ISBN 978-1-57388-030-5



## BRADSHAW ON: FAMILY SECRETS What You Don't Know CAN Hurt You (lecture)

Known to millions through his *New York Times* Best Sellers, nationally broadcast PBS specials, lectures, and workshops, **Emmy**-nominated talk show host and primary figure in the self-help movement, **John Bradshaw** has written **FAMILY SECRETS** for everyone who has ever lived in a family. All families have secrets. Some are healthy, but others—those **John Bradshaw** calls “dark secrets”—limit the wholeness, emotional health, and freedom of the family, often creating generations of dysfunctional family systems. **Each individual in the family carries “family secrets”**—if you don't know what they are, you'll probably repeat them.

As a prelude to his PBS television series, **John Bradshaw** takes us into the heart of the family's mysterious power to impact our lives. It explores how secrets are created, how they influence us (even if we don't consciously know they are there), and the risks we take in exploring them. He tells us the *difference* between dark and light secrets.

**FAMILY SECRETS** explains, step-by-step, how to uncover the secrets of the past and present, using a tool called the “genogram” to chart key relationships. Through many fascinating examples, it shows us how to recognize crucial gaps and silences, reconstruct missing information, and decipher partial memories. In this audio lecture, John explores healthy **family secrets**, dangerous **family secrets**, tools for deciphering **family secrets**, breaking free from the secrets, and how to stay connected to the family.

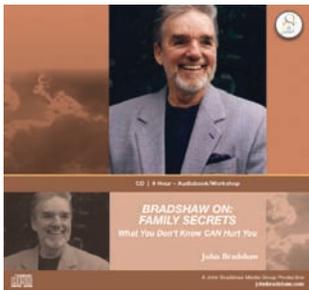
It also offers vital advice on how to deal with the truths once revealed, plus ways to stay safely and honestly connected with our families, offering hope in moving through the darkness of destructive secrets into the light of freedom in all relationships. This audio lecture is the prelude to the nationally acclaimed PBS special, **BRADSHAW ON: FAMILY SECRETS**, and a companion to the best-selling book **FAMILY SECRETS**.

People who ordered **FAMILY SECRETS** with **John Bradshaw** also bought **HEALING THE SHAME THAT BINDS YOU**, **CREATING LOVE** and **STRESS VERSUS INNER PEACE**.

CD 140 Minutes – Audio Lecture

\$85

ISBN 978-1-57388-017-6



## BRADSHAW ON: FAMILY SECRETS What You Don't Know CAN Hurt You

All families have secrets. Some are healthy, but others—those **John Bradshaw** calls “dark secrets”—limit the wholeness, emotional health, and freedom of the family, often creating generations of dysfunctional family systems. **Family secrets** are carried by each individual in the family—if you don't know what they are, you'll probably repeat them!

This PBS television series takes us into the heart of the family's mysterious power to impact our lives. It explores how secrets are created, how they influence us (even if we don't consciously know they are there), and the risks we take in exploring them.

**BRADSHAW ON: FAMILY SECRETS** explains a systematic approach on how to uncover the secrets of the past and present, using a tool called the “genogram” to chart key relationships. Through many fascinating examples, it shows us how to recognize crucial gaps and silences, reconstruct missing information, and decipher partial memories.

It also offers vital advice on how to deal with the truths once revealed, plus ways to stay safely and honestly connected with our families, offering hope in moving through the darkness of destructive secrets into the light of freedom in all relationships. This PBS series, **BRADSHAW ON: FAMILY SECRETS**, is a companion to the best-selling book **Family Secrets**.

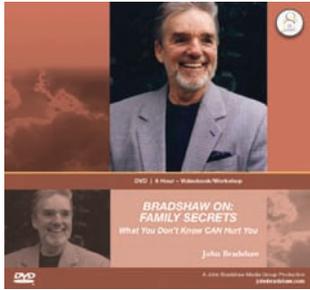
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| Part 1: Healthy <i>Family Secrets</i>            | Part 4: Tools For Deciphering <i>Family Secrets</i> |
| Part 2: Dangerous <i>Family Secret</i>           | Part 5: Breaking Free From The Secrets              |
| Part 3: The Most Dangerous <i>Family Secrets</i> | Part 6: Staying Connected To The Family             |

People who bought **BRADSHAW ON: FAMILY SECRETS** with **John Bradshaw**, also bought **RELATIONSHIPS**, **THE PRICE OF NICE** and **FIGHTING FAIR**.

CD 6 Hours – Audiobook/Intensive Workshop

\$140

ISBN 978-1-57388-056-5



## **BRADSHAW ON: FAMILY SECRETS** *What You Don't Know CAN Hurt You*

All families have secrets. Some are healthy, but others—those **John Bradshaw** calls “dark secrets”—limit the wholeness, emotional health, and freedom of the family, often creating generations of dysfunctional family systems. **Family secrets** are carried by each individual in the family—if you don't know what they are, you'll probably repeat them!

This **PBS** television series takes us into the heart of the family's mysterious power to impact our lives. It explores how secrets are created, how they influence us (even if we don't consciously know they are there), and the risks we take in exploring them.

**BRADSHAW ON: FAMILY SECRETS** explains a systematical approach on how to uncover the secrets of the past and present, using a tool called the “genogram” to chart key relationships. Through many fascinating examples, it shows us how to recognize crucial gaps and silences, reconstruct missing information, and decipher partial memories.

It also offers vital advice on how to deal with the truths once revealed, plus ways to stay safely and honestly connected with our families, offering hope in moving through the darkness of destructive secrets into the light of freedom in all relationships. This **PBS** series, **BRADSHAW ON: FAMILY SECRETS**, is a companion to the best-selling book **Family Secrets**.

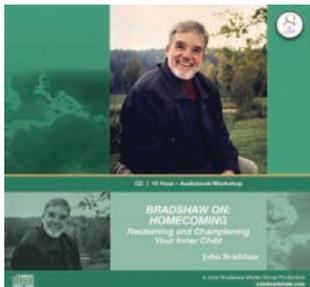
- Part 1: Healthy Family Secrets**
- Part 2: Dangerous Family Secret**
- Part 3: The Most Dangerous Family Secrets**
- Part 4: Tools For Deciphering Family Secrets**
- Part 5: Breaking Free From The Secrets**
- Part 6: Staying Connected To The Family**

People who bought **BRADSHAW ON: FAMILY SECRETS** with **John Bradshaw**, also bought **RELATIONSHIPS, THE PRICE OF NICE** and **FIGHTING FAIR**.

**DVD** 6 Hours – Videobook/Intensive Workshop

**\$150**

ISBN 978-1-57388-046-6



## **BRADSHAW ON: HOMECOMING** *Reclaiming and Championing Your Inner Child*

“Three things are striking about inner child work,” says **John Bradshaw**, “...the speed with which people change when they do this work, and the depth of the *change* and the power and creativity that result when the wounds from the past are healed.”

Nowhere has famed **New York Times Bestselling Author** and talk show host **John Bradshaw's** influence been felt more profoundly than in the area of family systems where he touched millions of lives through his best-selling books, widely acclaimed **PBS** television series, and packed lectures and workshops. Now in this landmark **Emmy**-nominated, ten-part series for **PBS**, produced by San Francisco's KQED, **John Bradshaw** presents new and powerful insights into how we reclaim our

“wounded” **inner child**, and take the journey that awakens the potential of our deepest selves. If our vulnerable child was neglected, abandoned, shamed, or abused, that child's pain, grief, and anger live within us. You may not even know why you continue to do things or be with people who make you unhappy.

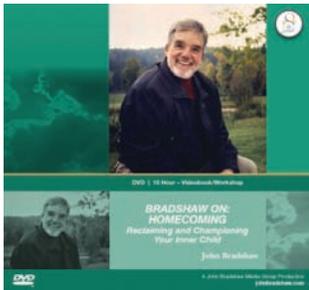
Taped before a live audience, **John Bradshaw** combines excerpts from his **Inner Child Workshops** that powerfully, and often painfully demonstrate how reconnecting with your inner child through original pain work can be the source of hope, fulfillment, and regeneration. Therapists and psychiatrists around the world are using **John Bradshaw's** transformative therapeutic methods. **John Bradshaw's** inner child therapeutic theory is embraced and has enriched and changed the lives of millions of people worldwide.

People who bought this series **BRADSHAW ON: HOMECOMING, Reclaiming and Championing Your Inner Child** with **John Bradshaw** also bought **FINISHING YOUR BUSINESS WITH MOTHER, BECOMING LIKE LITTLE CHILDREN** and **BUILDING PERSONAL BOUNDARIES**.

**CD** 10 Hours – Audiobook/Intensive Workshop

**\$199**

ISBN 978-1-57388-193-7



## BRADSHAW ON: HOMECOMING *Reclaiming and Championing Your Inner Child*

“Three things are striking about inner child work,” says **John Bradshaw**, “the speed with which people *change* when they do this work, the depth of the change and the power and creativity that result when the wounds from the past are healed.”

Nowhere has famed **New York Times Bestselling Author** and talk show host **John Bradshaw's** influence been felt more profoundly than in the area of family systems where he touched millions of lives through his bestselling books, widely acclaimed **PBS** television series and packed lectures and workshops. Now in this landmark **Emmy-nominated** ten-part series for **PBS**, produced by San Francisco's KQED, **John Bradshaw** presents new and powerful insights into how we reclaim our “wounded” **inner child**, and take the journey that awakens the potential of our deepest selves. If our vulnerable child

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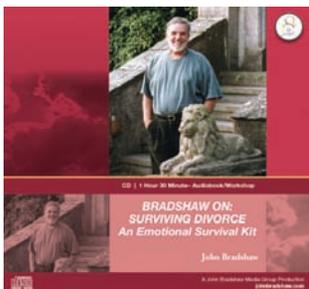
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People who bought this series **BRADSHAW ON: HOMECOMING, Reclaiming and Championing Your Inner Child** with **John Bradshaw** also bought **FINISHING YOUR BUSINESS WITH MOTHER, BECOMING LIKE LITTLE CHILDREN** and **BUILDING PERSONAL BOUNDARIES**.

**DVD** 10 Hours – Videobook/Intensive Workshop

**\$199**

ISBN 978-1-57388-079-4



## BRADSHAW ON: SURVIVING DIVORCE *An Emotional Survival Kit*

“This recording is downright inspirational, not only for those who are uncoupling, but for anyone struggling to deal with personal loss.” —**People Magazine**

“For the divorced, or about to be, it offers identification, solace and a sense that it's okay to be where I'm at.” —**Recovery Today**

From one of America's most prominent self-help experts and “**One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century**,” (as elected by his peers of fellow mental health care professionals), **John Bradshaw** offers hope for survival during and life after divorce. For many people, it is far more painful than it has to be.

In this groundbreaking program, **SURVIVING DIVORCE—An Emotional Survival Kit**, **New York Times Best Seller** author, **John Bradshaw**, shows you the pitfalls to avoid on the road to recovery from divorce, while giving you the tools you need to survive divorce. **John Bradshaw** is one of the most respected and original thinkers in the field of relationships.

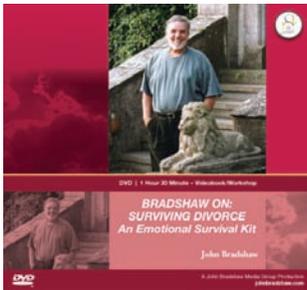
**SURVIVING DIVORCE** is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2.5 million professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement. John's works are published in 42 languages all over the world.

People who bought this series **BRADSHAW ON: SURVIVING DIVORCE, An Emotional Survival Kit** with **John Bradshaw** also bought **MIDDLE AGE CRAZIES, PARENTING** and **HUMAN SEXUALITY**.

**CD** 1 1/2 Hours – Audiobook/Lecture

**\$70**

ISBN 978-1-57388-021-3



## BRADSHAW ON: SURVIVING DIVORCE

### An Emotional Survival Kit

"This video is downright inspirational, not only for those who are uncoupling, but for anyone struggling to deal with personal loss." —*People Magazine*.

"For the divorced, or about to be, it offers identification, solace and a sense that it's okay to be where I'm at." —*Recovery Today*

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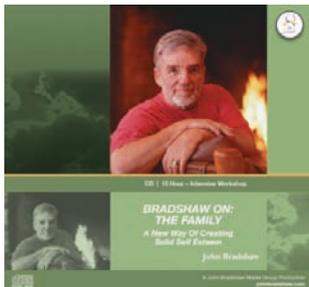
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People who bought this series *BRADSHAW ON: SURVIVING DIVORCE, An Emotional Survival Kit* with **John Bradshaw** also bought *MIDDLE AGE CRAZIES*, *PARENTING*, and *HUMAN SEXUALITY*.

**DVD** 1 1/2 Hours – Videobook/Lecture

**\$85**

ISBN 978-1-57388-049-7



## BRADSHAW ON: THE FAMILY

### A New Way Of Creating Solid Self Esteem

The bombshell series *BRADSHAW ON: THE FAMILY* started a revolution in understanding family relationships and how families get messed up and mired in negative behaviors.

In this widely acclaimed **PBS** television series, *BRADSHAW ON: THE FAMILY*, **John Bradshaw** focuses on the crisis within the family today, how attitudes become encoded within family members and then acted out on the family and society as a whole. It provides indicators on how to know if your family is healthy; warning signs of unhealthy, destructive, and dysfunctional behaviors; and what you can do if your family has been contaminated and is in crisis. This worthwhile and widely acclaimed **PBS** series contains ten one-hour programs focused on the dynamics of the family relating to how and why incest, battering, compulsive or addictive behaviors are set up, and help with intervention, healing, and forgiveness for those in despair and crisis in their relationships. This series provides the revolutionary theory of healthy families and provides coping skills and hope for the family in crisis.

Part One: *The Family In Crisis*  
 Part Two: *The Healthy Family*  
 Part Three: *The Unhealthy Family*  
 Part Four: *The Compulsive Family*  
 Part Five: *The Persecuted*

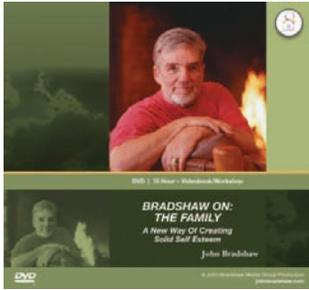
Part Six: *The "Bad" Child*  
 Part Seven: *The Most Common Family Illness*  
 Part Eight: *Help For The Family*  
 Part Nine: *Health For The Family*  
 Part Ten: *Hope For The Family*

People who bought this series *BRADSHAW ON: THE FAMILY, A New Way Of Creating Solid Self-Esteem*, also bought *New York Times* #1 Best Sellers *BRADSHAW ON: HOMECOMING*, *Reclaiming And Championing Your Inner Child*; *HEALING THE SHAME THAT BINDS YOU*; and *RETURN TO VIRTUE*.

**CD** 10 Hours – Audiobook/Intensive Workshop

**\$199**

ISBN 978-1-57388-195-1



## **BRADSHAW ON: THE FAMILY** **A New Way Of Creating Solid Self Esteem**

The bombshell series **BRADSHAW ON: THE FAMILY** started a revolution in understanding family relationships and how families get messed up and mired in negative behaviors.

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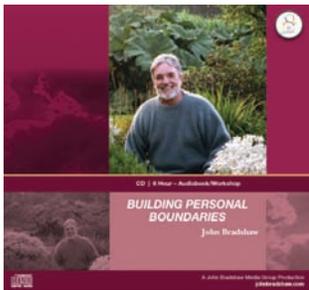
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| <b>Part One:</b>   | <b><i>The Family In Crisis</i></b>  | <b>Part Six:</b>   | <b><i>The "Bad" Child</i></b>                |
| <b>Part Two:</b>   | <b><i>The Healthy Family</i></b>    | <b>Part Seven:</b> | <b><i>The Most Common Family Illness</i></b> |
| <b>Part Three:</b> | <b><i>The Unhealthy Family</i></b>  | <b>Part Eight:</b> | <b><i>Help For The Family</i></b>            |
| <b>Part Four:</b>  | <b><i>The Compulsive Family</i></b> | <b>Part Nine:</b>  | <b><i>Health For The Family</i></b>          |
| <b>Part Five:</b>  | <b><i>The Persecuted</i></b>        | <b>Part Ten:</b>   | <b><i>Hope For The Family</i></b>            |

People who bought this series **BRADSHAW ON: THE FAMILY—A New Way Of Creating Solid Self Esteem**, also bought *New York Times* #1 Best Sellers **BRADSHAW ON: HOMECOMING**, *Reclaiming And Championing Your Inner Child*; **HEALING THE SHAME THAT BINDS YOU**; and **RETURN TO VIRTUE**.

**DVD** 10 Hours – Videobook/Intensive Workshop

**\$199**

ISBN 978-1-57388-095-4



## **BUILDING PERSONAL BOUNDARIES**

Boundaries are the major cornerstones of self-esteem. Having good boundaries and knowing our limits is the basis for a strong self.

In this intensive workshop, **BUILDING PERSONAL BOUNDARIES**, from America's most prominent self-help expert, **John Bradshaw** defines the different kind of healthy boundaries we need and offers ways to begin constructing them. He explains why having good boundaries is crucial for healthy love relationships, as well as relationships with families, in the workplace, and in society. Good boundaries are the foundation for healthy spirituality.

**Emmy-nominated talk show host** and veteran philosopher, counselor, theologian, and **teacher**, **John Bradshaw**, has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

This series, **BUILDING PERSONAL BOUNDARIES**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars, and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who ordered **BUILDING PERSONAL BOUNDARIES** with **John Bradshaw** also bought **CREATING HEALTHY RELATIONSHIPS** and **WAYS TO ENHANCE INTIMACY**.

**CD** 6 Hours – Audiobook/Intensive Workshop

**\$110**

ISBN 978-1-57388-030-5



## CO-DEPENDENCY

**Emmy-nominated talk show host** and veteran philosopher, counselor, theologian, and **teacher, John Bradshaw**, has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this special presentation, **CO-DEPENDENCY**, **John Bradshaw** introduces a systematic outline of how to begin to identify and deal with the symptoms of co-dependency. In this intensive, five-part lecture series, **John Bradshaw** places special emphasis on family system roles. You cannot live your own life when you are living that of others, and use is abuse. Helping can hurt. **John Bradshaw** offers ways to free you from the bonds of **co-dependency**.

This workshop series, **CO-DEPENDENCY**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

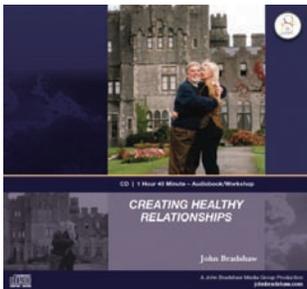
This workshop, **CO-DEPENDENCY** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for a new way to stay honestly connected in their family relationships and free themselves from the bondage and damage created by co-dependency. Co-dependency is one of the most life-affecting diseases of our time.

People who ordered **CO-DEPENDENCY** with **John Bradshaw** also bought **WHEN HELPING DOESN'T HELP**, **THE PRICE OF NICE**, and **RIGHT BRAIN HEALING**.

**CD** 5 Hours – Audiobook/Intensive Workshop

**\$120**

ISBN 978-1-57388-112-8



## CREATING HEALTHY RELATIONSHIPS

**Emmy-nominated talk show host** and veteran philosopher, counselor, theologian, and **teacher, John Bradshaw**, has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this special presentation, **CREATING HEALTHY RELATIONSHIPS**, **John Bradshaw** addresses the needs of many people who have problems maintaining relationships in which personal needs and boundaries are respected. In this important lecture, **John Bradshaw** deals with these critical needs and sets cornerstones in creating any healthy relationship. **John Bradshaw** offers ways to deal with these issues.

This series, **CREATING HEALTHY RELATIONSHIPS**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

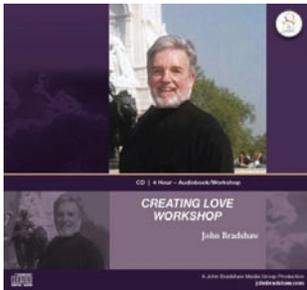
This lecture, **CREATING HEALTHY RELATIONSHIPS**, with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for a new way to find the freedom, joy and security that comes from creating healthy relationships.

People who ordered **CREATING HEALTHY RELATIONSHIPS** with **John Bradshaw** also bought **WHERE ARE YOU FATHER?**, **FINISHING YOUR BUSINESS WITH MOTHER**, and **PARENTING**.

**CD** 100 Minutes – Audiobook/Lecture

**\$70**

ISBN 978-1-57388-125-8



### **CREATING LOVE WORKSHOP**

In conjunction with his *New York Times Best Seller*, **CREATING LOVE**, theologian, philosopher, psychologist, and author, **John Bradshaw**, moves us beyond our wounded self to show all of us how we can recover to build loving adult relationships in “the next stage of growth.” This work on developing healthy loving relationships in every part of life has achieved national acclaim.

This intensive workshop presents a systematic process for emotionally separating from our parents or survival figures and helps us become authentic in our current relationships. In **CREATING LOVE**, **John Bradshaw** provides us with a new way to understand our most crucial relationships, with our spouses, with parents and children, with friends and co-workers, with ourselves, and with God. This workshop helps bring hope and a new direction to the relationships of our life. **John Bradshaw**

shows us how we can break the destructive patterns of counterfeit love relationships and open ourselves to the soul-building work of true, authentic love. Healing the family legacy is the pre-condition of being able to love authentically. John shows us how to create healthy, fulfilling, and loving relationships in every part of our life.

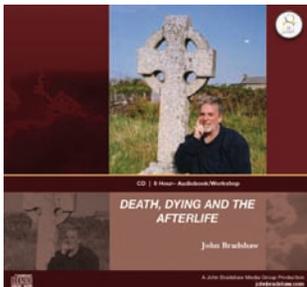
This series, **CREATING LOVE** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for revolutionary ways to build a life that encompasses true, authentic love relationships.

People who bought this series, **CREATING LOVE** with **John Bradshaw**, also bought **THE CORE OF SPIRITUALITY**, **THE NATURE OF SHAME**, and **BRADSHAW ON: HOMECOMING, Championing and Reclaiming Your Inner Child**.

**CD** 4 Hours – Audiobook/Intensive Mini-Workshop

**\$100**

ISBN 978-1-57388-115-9



### **DEATH, DYING AND THE AFTERLIFE**

*Emmy-nominated talk show host* and veteran philosopher, counselor, theologian and teacher, **John Bradshaw**, has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this special presentation, **DEATH, DYING AND THE AFTERLIFE**, **John Bradshaw** offers a sensitive treatment of this powerful subject we all face. In this series on **DEATH, DYING AND THE AFTERLIFE**, **John Bradshaw** presents the theological and psychological aspects of death, which include fear, denial, and grief. John helps us with the process of losing a loved one.

This series, **DEATH, DYING AND THE AFTERLIFE**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as “*One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century*.” Many of his books are *New York Times Best Sellers*. John’s works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

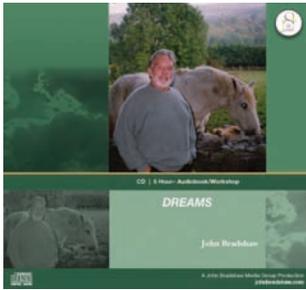
This lecture, **DEATH, DYING AND THE AFTERLIFE** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for new ways to deal with the loss of a loved one and to understand the components of death, dying, and the afterlife.

People who ordered **DEATH, DYING AND THE AFTERLIFE** with **John Bradshaw**, also bought **SPIRITUAL GIFTS OF YOUR CHILDHOOD PAIN**, **WHEN HELPING DOESN'T HELP**, and **MEDITATIONS AND STORIES**.

**CD** 4 Hours – Audiobook/Lecture

**\$100**

ISBN 978-1-57388-119-7



## DREAMS

Respected philosopher, psychologist, counselor, theologian, humanist, and **teacher, John Bradshaw** is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his **New York Times Best Sellers**, sold-out seminars and workshops, seven widely acclaimed **PBS** series, and nationally syndicated talk show **The Bradshaw Difference** with **MGM**.

In this fascinating lecture series on **DREAMS**, **John Bradshaw** offers his perspectives on ways to connect dreams to the quest for higher consciousness, explores a philosophy of dreams, and offers a step-by-step methodology for understanding and integrating your dreams.

This series, **DREAMS**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars, and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

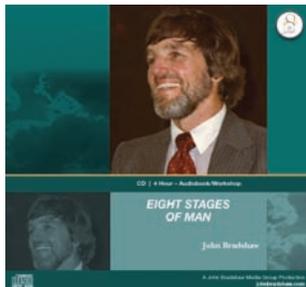
This lecture, **DREAMS**, is recommended for personal, academic, and public libraries and those searching for the meaning of dreams and the roles they play in our lives.

People who ordered **DREAMS**, with **John Bradshaw**, also bought **WAYS TO ENHANCE INTIMACY, WHEN MADNESS IS SANE**, and the blockbuster series **BRADSHAW ON: HOMECOMING, Reclaiming and Championing Your Inner Child**.

CD 5 Hours – Audiobook/Lecture

\$120

ISBN 978-1-57388-366-5



## EIGHT STAGES OF MAN

Visionary philosopher, psychologist, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series, and nationally syndicated talk show **The Bradshaw Difference** with **MGM**.

In this popular eight-part **PBS** series, **THE EIGHT STAGES OF MAN**, **John Bradshaw** traces human life through the eight stages of psychological development with details focused on developmental needs and ego strengths in each developmental stage. This revealing lecture series explores why it is important to have ego needs met through each stage of psychological development. **John Bradshaw** offers his view on how developmental deficits in any of the stages affect our adult lives.

This series, **THE EIGHT STAGES OF MAN** with **John Bradshaw**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars, and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

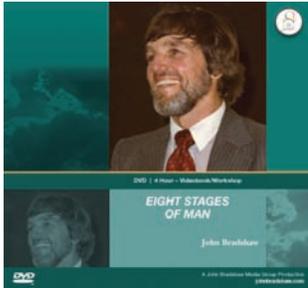
This lecture, **THE EIGHT STAGES OF MAN** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for a better understanding of the psychological nature of man in his eight stages of growth and development throughout childhood.

People who ordered this series **THE EIGHT STAGES OF MAN** with **John Bradshaw**, also bought **THE GENIUS OF MILTON ERICKSON, RIGHT BRAIN HEALING: The Jesus Nature**, and the blockbuster series **BRADSHAW ON: THE FAMILY**.

CD 4 Hours – Audiobook/Workshop

\$100

ISBN 978-1-57388-144-9



## EIGHT STAGES OF MAN

Visionary philosopher, psychologist, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series, and nationally syndicated talk show **The Bradshaw Difference** with **MGM**.

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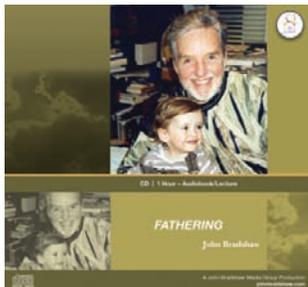
This lecture, **THE EIGHT STAGES OF MAN** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for a better understanding of the psychological nature of man in his eight stages of growth and development throughout childhood.

People who ordered this series **THE EIGHT STAGES OF MAN** with **John Bradshaw**, also bought **THE GENIUS OF MILTON ERICKSON**, **RIGHT BRAIN HEALING: The Jesus Nature**, and the blockbuster series **BRADSHAW ON: THE FAMILY**.

**DVD** 4 Hours – Videobook/Workshop

**\$100**

ISBN 978-1-57388-143-2



## FATHERING

Veteran philosopher, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this important lecture series on **FATHERING**, **John Bradshaw** explores the impact, problems, and threats that the loss of the father figure in our family and society has caused. **John Bradshaw** offers his perspectives on what the psychological impact of the loss of a father is on children and how it affects them later in life. This serious and revealing lecture series explores the importance of having a secure father figure in a family and how the loss of a father can severely impact children and the adult child. Every father should hear this lecture.

This lecture on **FATHERING**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars, and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

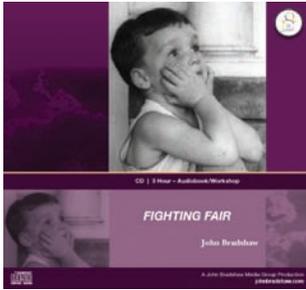
This lecture, **FATHERING** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for a better understanding of the impact and importance that fathers have in our lives.

People who ordered **FATHERING** with **John Bradshaw** also bought **RELIGIOUS ADDICTION**, **HEALING THE FATHER WOUND**, and the blockbuster series **BRADSHAW ON: FAMILY SECRETS, What You Don't Know CAN Hurt You**.

**CD** 1 Hour – Audiobook/Lecture

**\$50**

ISBN 978-1-57388-235-4



## FIGHTING FAIR

"If you are going to have a healthy relationship, you've got to know how to 'fight fair,' and know how to negotiate in a healthy way." —**John Bradshaw**

The greatest aid to establishing deep intimacy is accepting each other's differences. This is the essence of a good relationship. Growth in relationships is about working through conflict, not about avoiding conflict. In order to have true intimacy in a relationship, it is crucial to "fight fair" and to know how to negotiate and resolve conflict in a healthy way. Sadly, healthy skills for managing conflict are not often learned in our developing years. We may have learned unhealthy and inappropriate ways of handling disagreements that are often translated into our adult relationships. One of the most important tools **John Bradshaw** uses, *The Awareness Wheel*, offers crucial guidelines on negotiating conflicts and "fighting fair." Anyone learning

to fight fair will develop a healthy understanding of his/her own and the other's anger.

In this series, **FIGHTING FAIR**, John teaches us the first rule in "*fighting fair*," which is to honestly value each other and really hear each person's point of view. In this powerful lecture, *New York Times* Best Seller author, television host, and personal growth expert, **John Bradshaw** offers stories, examples, and guidelines for learning how to fight fair. **John Bradshaw** teaches us how to break free of unhealthy and inappropriate ways of handling disagreements and to use self-responsible statements. By *fighting fair*, we can begin to establish a basis for negotiating, good communication, and building a healthy foundation for conflict resolution in relationships with our spouse, family, friends and co-workers.

This series, **FIGHTING FAIR** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for revolutionary ways to build a healthy foundation for conflict resolution in relationships.

People who bought this series **FIGHTING FAIR** with **John Bradshaw** also bought *THE PRICE OF NICE*, *MIDDLE AGE CRAZIES* and *ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES*.

CD 3 Hours – Audiobook/Lecture Series

\$100

ISBN 978-1-57388-199-9



## FINISHING YOUR BUSINESS WITH MOTHER

America's top relationship expert, psychologist, philosopher, counselor, theologian, and **teacher**, **John Bradshaw**, is also an **Emmy-nominated talk show host**. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books and widely acclaimed **PBS** series.

In this intense and important lecture series, **FINISHING YOUR BUSINESS WITH MOTHER**, **John Bradshaw** offers his perspectives on "*mother issues*." Without our conscious awareness, we may have internalized our mother's shame, disappointment, or unresolved sexual feelings. **John Bradshaw** will help you identify forms of mother abuse, including neglect and enmeshment. These dangerous issues affect our adult intimate relationships in ways we are often not conscious of, leading us to addictions and intimacy problems. In this revealing workshop series, **John Bradshaw** presents his World-

famous inner child work, focusing primarily on mother issues. This work is intense and has changed millions of lives worldwide. **John Bradshaw** offers hope and concrete ways of healing the mother wound through this therapy.

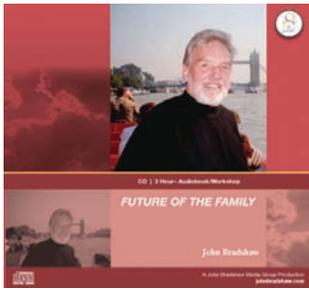
This series, **FINISHING YOUR BUSINESS WITH MOTHER**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as "*One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century*." Many of his books are *New York Times* Best Sellers. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who ordered **FINISHING YOUR BUSINESS WITH MOTHER** also bought *THE PRICE OF NICE* and *RETURN TO VIRTUE—An Ancient Key to Developing Emotional Intelligence*, as well as the blockbuster series **BRADSHAW ON: THE FAMILY**.

CD 6 1/2 Hours – Audiobook/Intensive Workshop

\$199

ISBN 978-1-57388-146-3



## **FUTURE OF THE FAMILY**

**John Bradshaw's** legendary work on the dynamics of the family has touched millions of lives with a message of hope and resolution for today's family. In this groundbreaking lecture, world-famous spiritual Guru, **John Bradshaw**, utilizes intensive recent family research to show how families have changed in response to economic circumstances over the years. The so-called traditional family never existed. The era of *Leave It To Beaver* and *Ozzie and Harriet* are unprecedented in American history. Nevertheless, for the first time in human history, we know how families, as social systems, can become dysfunctional and what makes healthy functional families. **John Bradshaw** shows how the information revolution can bring new life to families.

He counsels listeners to honor each family member for his/her own unique contributions to the family relationship and extends the idea of a global family. He focuses on how family rules and attitudes become encoded within each family member and then acted out within the family and society as a whole. **John Bradshaw** presents compelling evidence that healing the emotional wound of the family can affect and heal the world in which we live. This lecture series **FUTURE OF THE FAMILY** with **John Bradshaw** is a must for those interested in understanding and healing family relationships, offering hope for our global family. This series is recommended for public and academic libraries.

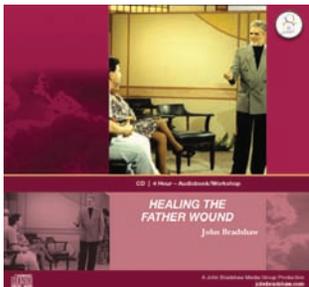
This series, **FUTURE OF THE FAMILY**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as "**One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century.**" Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who bought this series **FUTURE OF THE FAMILY** with **John Bradshaw** also bought **BRADSHAW ON: THE FAMILY, A Theology Of Addiction** and **THE CORE OF SPIRITUALITY**.

**CD** 3 Hours – Audiobook/Lecture

**\$100**

ISBN 978-1-57388-064-0



## **HEALING THE FATHER WOUND**

Psychologist, philosopher, counselor, theologian, and **teacher**, **John Bradshaw**, is also an **Emmy**-nominated talk show host. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this wonderful and enlightening lecture series, **HEALING THE FATHER WOUND**, **John Bradshaw** describes the unique ways each sex is impacted by the absence of a nurturing father. Workshop participants explore their childhood relationships with their fathers and they identify obstructions in their current lives, which may result from that relationship.

**HEALING THE FATHER WOUND**, is one of many live recordings of **John Bradshaw**, including lectures, seminars and workshops, that can be found in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as "**One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century.**" Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

**HEALING THE FATHER WOUND** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for innovative ways to deal with father loss and father neglect.

People who ordered this lecture on **HEALING THE FATHER WOUND** with **John Bradshaw** also bought **RESENTMENT AND FORGIVENESS**, **THE SHAME-BASED FAMILY**, and the blockbuster series **HEMELCOMING**.

**CD** 4 Hours – Audiobook/Workshop

**\$100**

ISBN 978-1-57388-124-1



## HEALING THE SHAME THAT BINDS YOU

As selected by his fellow mental health professionals, **John Bradshaw** is *“One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century.”* His insights on childhood and family relationships—and particularly the long-term effect of issues like abuse, neglect, addiction, co-dependency, trauma and emotional instability—have revolutionized our perception of emotional healing and interpersonal dynamics. His body of work, including five **New York Times Best Sellers**, seven major **PBS** specials, daytime talk show **The Bradshaw Difference** with **MGM**, speeches, workshops, and training and lecture series, has helped millions of people heal.

**BRADSHAW ON: HEALING THE SHAME THAT BINDS YOU** has sold 1.5 million copies and is **John Bradshaw’s** most enduring work. In it, he shows how unhealthy, toxic shame is the core component of our compulsions, including, co-dependency, lying, addiction, and the drive to super-achieve or underachieve. This toxic shame, most often experienced in childhood, results in the breakdown of our self-esteem, the destruction of the family system, and an inability to move forward and form lasting intimate relationships in our lives.

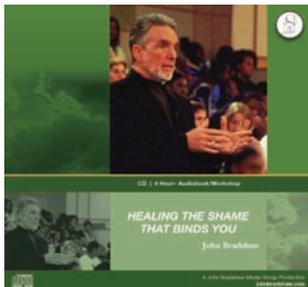
This lecture, **HEALING THE SHAME THAT BINDS YOU**, with **John Bradshaw**, reveals **John’s** theory and therapeutic processes on the healing of toxic shame in an honest and emotionally revealing style based largely on his personal experiences with abuse, neglect, and addictions and his decades as a counselor and therapist, philosopher/theologian/psychologist, and personal growth expert. By utilizing emotionally healing tools, including experiential exercises, affirmations, visualization, inner voice work, feeling work, guided meditations, and other healing techniques, **John Bradshaw** helps us move from the source and manifestation of toxic shame to the release of the shame that binds us to our past and onward to a newly awakened spirituality.

People who bought **HEALING THE SHAME THAT BINDS YOU** with **John Bradshaw** also bought **POST ROMANTIC STRESS DISORDER: Why The Honeymoon Must End And What You Can Do About It** and **ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES**.

**DVD** 1 Hour – Videobook/Lecture

**\$60**

ISBN 978-1-57388-098-5



## HEALING THE SHAME THAT BINDS YOU

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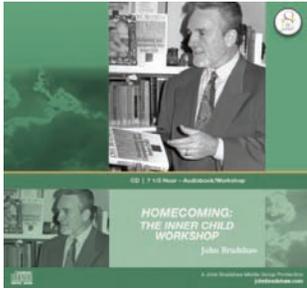
This workshop, **HEALING THE SHAME THAT BINDS YOU**, reveals **John’s** theory and therapeutic processes on the healing of toxic shame in an honest and emotionally revealing style based largely on his personal experiences with abuse, neglect and addictions and his decades as a counselor and therapist, philosopher/theologian/psychologist, and personal growth expert. By utilizing emotionally healing tools, including experiential exercises, affirmations, visualization, inner voice work, feeling work, guided meditations, and other healing techniques, **John Bradshaw** helps us move from the source and manifestation of toxic shame to the release of the shame that binds us to our past and onward to a newly awakened spirituality.

People who bought this series, **HEALING THE SHAME THAT BINDS YOU**, with **John Bradshaw**, also bought **CREATING HEALTHY RELATIONSHIPS** and **THE CORE OF SPIRITUALITY**.

**CD** 4 Hours – Audiobook/Workshop

**\$100**

ISBN 978-1-57388-151-7



### **HOMECOMING: THE INNER CHILD WORKSHOP**

Psychologist, philosopher, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series. **John Bradshaw** has received national acclaim for his **Inner Child Workshop** and has helped heal over 2.5 million people.

In this wonderful and enlightening workshop, **HOMECOMING: The Inner Child Workshop**, **John Bradshaw** leads participants in a journey of self-discovery of their child within. Through a series of lectures, meditations, and group exercises, **John Bradshaw** helps you access childhood memories and heal painful wounds left by unmet developmental needs. Workshop participants explore their childhood relationships with their parenting sources and siblings, and they identify obstructions in

their current lives that may result from those relationships. This is one of the most powerful workshops you will ever participate in.

This series, **HOMECOMING: The Inner Child Workshop**, is one of many live recordings of **John Bradshaw** including lectures, seminars and workshops, that can be found in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who ordered this series, **HOMECOMING: The Inner Child Workshop** with **John Bradshaw** also bought **PARENTING, CREATING HEALTHY RELATIONSHIPS**, and the blockbuster series **BRADSHAW ON: THE FAMILY**.

**CD** 7 1/2 Hours – Audiobook/Workshop

**\$180**

ISBN 978-1-57388-154-8



### **HUMAN SEXUALITY**

Veteran philosopher, researcher, psychologist, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this fascinating lecture series, **HUMAN SEXUALITY**, **John Bradshaw** offers his perspectives on ways to enrich and enhance interpersonal relationships. Sexuality is a major human issue. Each of us has a masculine and feminine side. Until we resolve this inner relationship, our external relationships may be fragmented. This revealing lecture series explores our own **human sexuality** and offers hope for having a truly intimate life.

This series is one of many live recordings of **John Bradshaw** including lectures, seminars and workshops that can be found in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

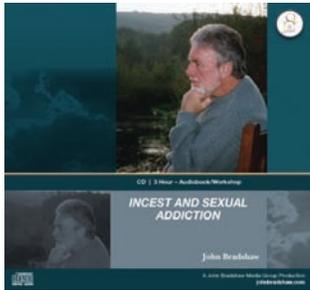
This lecture, **HUMAN SEXUALITY** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for ways to explore human sexuality and can offer hope in ways to have a truly intimate life. It helps us find the male and female union in each of us.

People who ordered **HUMAN SEXUALITY** with **John Bradshaw**, also bought **INCEST AND SEXUAL ADDICTION**, **WAYS TO ENHANCE INTIMACY**, and the blockbuster series **CREATING LOVE**.

**CD** 5 Hours – Audiobook/Lecture

**\$120**

ISBN 978-1-57388-246-0



## INCEST AND SEXUAL ADDICTION

Veteran philosopher, researcher, psychologist, counselor, theologian and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host**. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this critically acclaimed lecture series, **INCEST AND SEXUAL ADDICTION**, **John Bradshaw** presents his perspectives on new concepts of sexual abuse, including startling data on the extent of incest, three levels of sexual addiction, the dynamics of incested families, a profile of sex offenders and predators, and a profile of the partners of sex addicts (COSA—Codependents of Sex Addicts). In the computer age, it is possible to secretly and compulsively act out sexual addictions without having an intimate relation. Often, sexual addiction predates other addictions, and it is primarily rooted in shame. This revealing lecture

series explores and exposes the various causes, index of suspicion and healing for sex addicts.

This series, **INCEST AND SEXUAL ADDICTION**, is one of many live recordings of **John Bradshaw** including lectures, seminars, and workshops that can be found in our extensive library. Over 2.5 million professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement, and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This lecture, **INCEST AND SEXUAL ADDICTION**, with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for ways to understand sexual addiction and offers hope for sex addicts and the partners and children of sex addicts.

People who ordered this series on **INCEST AND SEXUAL ADDICTION** with **John Bradshaw**, also bought **HEALING THE SHAME THAT BINDS YOU, RELATIONSHIPS**, and the blockbuster series **BRADSHAW ON: FAMILY SECRETS, What You Don't Know CAN Hurt You**.

**CD 3 Hours – Intensive Workshop Lecture on CD**

**\$100**

ISBN 978-1-57388-156-2



## MEDITATIONS AND CELEBRATIONS

Relationship expert, psychologist, philosopher, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host**. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

This exciting series **MEDITATIONS AND CELEBRATIONS** was recorded in front of 5,000 attendees at Red Rocks Amphitheatre in Colorado. In it, **John Bradshaw** celebrates the positive aspects of meditation. This wonderful series includes two powerful meditations lead by **John Bradshaw** with musical accompaniments by the renowned composer and musician Steven Halpren. This revealing meditation series explores relationship issues pertaining to power, control, sharing feelings, and honesty. **John Bradshaw** offers hope and concrete ways to appreciate the amazing and wondrous life you have.

This series, **MEDITATION AND CELEBRATIONS**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This lecture **MEDITATION AND CELEBRATIONS** with **John Bradshaw** is recommended for personal, academic, and public libraries and those searching for new ways to relate and have more enriched lives.

People who ordered **MEDITATION AND CELEBRATIONS** with **John Bradshaw** also bought **THE PRICE OF NICE, RELIGIOUS ADDICTION**, and the blockbuster series **BRADSHAW ON: FAMILY SECRETS**.

**CD 2 Hours – Audiobook/Lecture**

**\$70**

ISBN 978-1-57388-252-1



## **MEDITATIONS AND STORIES: A Spiritual Resource**

Respected philosopher, counselor, theologian, humanist, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this fascinating series, **MEDITATIONS AND STORIES: A Spiritual Resource**, **John Bradshaw** presents stories from various spiritual traditions in a meditative context. **John Bradshaw** discusses his belief that symbols and metaphors are pathways to the deep unconsciousness. This exhilarating lecture series takes the listener through a program to learn how to meditate. **John** offers ways to expand your consciousness and connect with your spiritual side.

This series, **MEDITATIONS AND STORIES, A SPIRITUAL RESOURCE**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This lecture on **MEDITATIONS AND STORIES: A Spiritual Resource** is recommended for personal, academic, and public libraries and those searching for spiritual growth through meditation and a new way to understand the purpose of life.

People who ordered **John Bradshaw's MEDITATIONS AND STORIES: A Spiritual Resource** also bought **MEDITATION AND CELEBRATIONS, MEDITATIONS WITH A DIFFERENCE**, and **BRADSHAW ON: THE FAMILY, A New Way of Creating Solid Self Esteem**.

**CD 4 Hours – Audiobook/Lecture**

**\$100**

ISBN 978-1-57388-270-5



## **MEDITATIONS WITH A DIFFERENCE**

In this intense meditative series, **MEDITATIONS WITH A DIFFERENCE**, **John Bradshaw** offers two very different meditations framed with enchanting soothing music.

The first meditation, entitled **Small Gestures of Love**, offers you a healing experience that comes from one very small gesture of love and reminds you of the power you have to make a difference in the world by choosing to make small gestures of love. Through this meditation, **John Bradshaw** offers ways to connect with the soulful experience of joy and love.

In the second meditation, entitled **A Path To Wholeness**, **John Bradshaw** asks you to imagine a private banquet feast where you invite all the parts of you that you really like. However, unexpectedly, unwelcomed guests arrive. These unwelcomed guests are the parts of you that you hide from others and wish to disown. In this meditation, you find it takes a large amount of energy to disown parts of your self and hide it from your public life. This meditation suggests that you can become whole only by acknowledging and embracing your disowned parts.

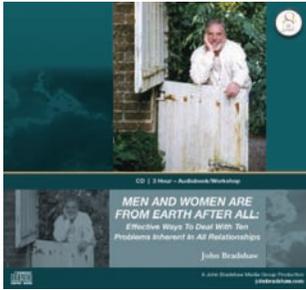
This series, **MEDITATIONS WITH A DIFFERENCE**, is one of the many live recordings of **John Bradshaw** including lectures, seminars and workshops that can be found in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who ordered **MEDITATIONS WITH A DIFFERENCE** with **John Bradshaw**, also bought **POETRY OF THE SOUL, A THEOLOGY OF ADDICTION**, and the blockbuster series **HOME COMING**.

**CD 46 Minutes – Meditation**

**\$85**

ISBN 978-1-57388-148-7



## ***MEN AND WOMEN ARE FROM EARTH AFTER ALL: Effective Ways To Deal With Ten Problems Inherent In All Relationships***

Emotional health expert and relationship counselor **John Bradshaw** once again applies his relationship genius to his latest series, discrediting the current thinking that men and women should not be expected to relate. From his academic and personal experience, to his years as a counselor, he is uniquely qualified to offer advice on achieving harmony in relationships between man and woman or any loving relationship. "There are problems in all relationships, some of which can be solved and others that cannot," Bradshaw concludes.

In this series, **John Bradshaw** outlines ten problems faced in virtually all relationships, shows us how to recognize them, and offers practical guidelines on how they might be managed or resolved. John points to the latest clinical studies on what factors constitute healthy relationships. Often the underlying assumption is that a significant relationship is a "problem" to be solved, rather than a drama and mystery to be lived. John offers clinical data on the many meanings of "a good relationship."

In this powerful series, ***MEN AND WOMEN ARE FROM EARTH AFTER ALL: Effective Ways To Deal With Ten Problems Inherent In All Relationships***, **John Bradshaw** points to clinical studies that offer extensive research on what factors constitute well-functioning relationships, as well as factors, when chronically present, lead to misery, separation, and divorce. Bradshaw offers his belief that "in the evening of life, we will be judged by love alone." This belief can help us to face these relationship challenges courageously and with a sense of hope and well-being.

***MEN AND WOMEN ARE FROM EARTH AFTER ALL: Effective Ways To Deal With Ten Problems Inherent In All Relationships***, with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for a new way to think about lasting loving relationships.

People who bought this series, ***MEN AND WOMEN ARE FROM EARTH AFTER ALL: Effective Ways To Deal With Ten Problems Inherent In All Relationships*** with **John Bradshaw**, also bought ***BRADSHAW ON: CREATING LOVE, WAYS TO ENHANCE INTIMACY***, and ***RELATIONSHIPS***.

**CD** 3 Hours – Audiobook/Lecture

**\$100**

ISBN 978-1-57388-070-1



## ***MIDDLE AGE CRAZIES***

Relationship specialist, psychologist, philosopher, counselor, theologian, and **teacher**, **John Bradshaw** is also an ***Emmy-nominated talk show host***. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series, and his nationally syndicated talk show ***The Bradshaw Difference*** with **MGM**.

In this fascinating workshop series, ***Middle Age Crazyies***, **John Bradshaw** focuses on the dynamics of how the middle age of life affects men, women, couples, and families. This revealing series explores how the middle age crisis influences all our relationships. **John Bradshaw** lets you know what to expect in your middle age.

This popular series, ***Middle Age Crazyies***, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as ***"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."*** Many of his books are ***New York Times Best Sellers***. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

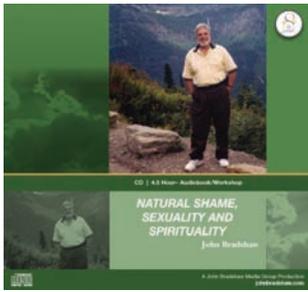
***MIDDLE AGE CRAZIES*** with **John Bradshaw** is recommended for personal, academic, and public libraries and those searching for new ways to understand middle age.

People who ordered this series ***MIDDLE AGE CRAZIES*** with **John Bradshaw** also bought ***STRESS VERSUS INNER PEACE; DEATH, DYING AND THE AFTERLIFE; POETRY: MUSIC OF THE SOUL; MEDITATIONS AND STORIES***; and the blockbuster series ***ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES***.

**CD** 7 1/2 Hours – Audiobook/Workshop

**\$199**

ISBN 978-1-57388-291-0



## NATURAL SHAME, SEXUALITY AND SPIRITUALITY

Respected philosopher, relationship expert, counselor, venerable theologian, and renowned **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series, and nationally syndicated talk show **The Bradshaw Difference** with **MGM**.

In this important workshop on **NATURAL SHAME, SEXUALITY AND SPIRITUALITY**, **John Bradshaw** identifies “*natural shame*”—understood as *modesty*—as the source of mature sexuality. This workshop is a way to enrich interpersonal relationships. This revealing lecture series explores ways that natural shame is at the core of spirituality. **John Bradshaw** shows how shame safeguards spirituality and gives insight to fuller, more spiritually grounded lives

This series, **NATURAL SHAME, SEXUALITY AND SPIRITUALITY**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as “**One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century.**” Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This audiobook, **NATURAL SHAME, SEXUALITY AND SPIRITUALITY** with **John Bradshaw** is recommended for personal, academic and public libraries, and those searching for new ways to relate and have more fulfilling intimate lives.

People who ordered this series, **NATURAL SHAME, SEXUALITY AND SPIRITUALITY**, with **John Bradshaw**, also bought **THE CORE OF SPIRITUALITY, THE NATURE OF SHAME**, and the blockbuster series **BRADSHAW ON: FAMILY SECRETS, What You Don't Know CAN Hurt You**.

**CD** 4 1/2 Hours – Audiobook/Lecture

**\$120**

ISBN 978-1-57388-187-6



## PARENTING

Venerable philosopher, psychologist, counselor, theologian, humanist, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series, and his nationally syndicated talk show **The Bradshaw Difference** with **MGM**.

In this intense lecture, **PARENTING**, **John Bradshaw** offers guidelines on ways to create environments for good mental health. **John Bradshaw** explores ways to enrich and enhance the future lives of our children. **John Bradshaw** offers a strong structure of good parenting and adds critical factors for the healthy emotional development of children.

This series, **PARENTING**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as “**One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century.**” Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

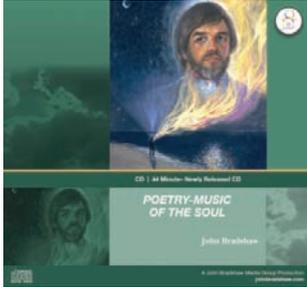
This popular lecture **PARENTING** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for new ways to enrich the lives of our children with good parenting.

People who ordered **PARENTING** with **John Bradshaw** also bought **WHERE ARE YOU FATHER?, FINISHING YOUR BUSINESS WITH MOTHER**, and the blockbuster series **BRADSHAW ON: THE FAMILY**.

**CD** 6 Hours – Audiobook/Lecture

**\$140**

ISBN 978-1-57388-287-3

**POETRY—MUSIC OF THE SOUL (Newly Released CD)**

**Emmy-nominated talk show host** and veteran philosopher, counselor, theologian, teacher, and poet, **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series. In this special presentation of *Poetry—Music of the Soul*, **John Bradshaw** helps us to connect with the power of poetry to heal. In this newly released CD, John shares with us his lifelong love of poetry. This collection of moving classic and contemporary poetry spanning the gamut of human emotions is beautifully presented against a background of inspiring music.

- *The Rubiyat*
- *Ode from Recollections of Early Childhood*
- *Loneliness*
- *It's Possible*
- *You Darkness That I Come From*
- *I Love The Dark Hours*
- *The Day Is Done*
- *How Do I Love Thee*
- *Annabel Lee*
- *On Death*
- *Tomorrow and Tomorrow*
- *Little Boy Blue*
- *Homesick at Home*
- *If*
- *The Road Not Taken*
- *Lost and Found*
- *Autumn Leaves*
- *Autumn*
- *Trees*

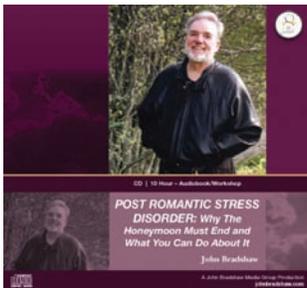
**John Bradshaw** knows that the spoken word of poetry often transcends the written text and is a powerful tool in healing the soul. *Poetry—Music of the Soul*, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as *"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."* Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who ordered *POETRY—MUSIC OF THE SOUL* with **John Bradshaw** also bought *POST ROMANTIC STRESS DISORDER: Why The Honeymoon Must End And What You Can Do About It*, *THE GENIUS OF MILTON ERICKSON*, and *MEDITATIONS AND STORIES: A Spiritual Resource*.

**CD** 44 Minutes – Audioprose & Lecture

**\$50**

ISBN 978-1-57388-145-6

**POST ROMANTIC STRESS DISORDER: Why The Honeymoon Must End And What You Can Do About It**

Selected by his fellow mental health professionals as *"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century,"* **John Bradshaw** explains why the honeymoon must end and what you can do about it. "Being in love is not love," explains **John Bradshaw**.

In this dynamic, five-part lecture series, *POST ROMANTIC STRESS DISORDER*, recorded live with workshop participants, relationship and personal growth expert **John Bradshaw**, offers positive, concrete, and creative ways for finding more meaningful love, intimacy, friendship, and fulfillment in our relationships. **John Bradshaw** offers you a realistic understanding of why many self-help books and a large amount of marital therapy have neither stemmed the rising divorce rate nor brought a solution to the terror of aloneness that keeps many couples bound in boring and non-fulfilling relationships. Much new research, including findings in anthropology, evolutionary psychology and neuroscience, has necessitated that we look at marriage and long-term relationships in a new way, adopting expectations that are more realistic about our relationships. One conclusion of several recent studies suggests that one or more of the major issues in most marriages will seldom be fully resolved. This audio book, *POST ROMANTIC STRESS DISORDER*, offers ways of having fulfilling relationships, though they may look somewhat different from our familiar love patterns of our past.

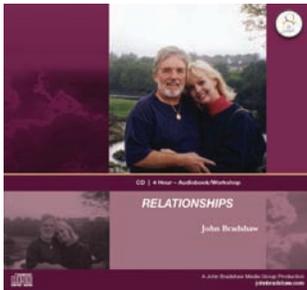
- Part One: Defining Post Romantic Stress Disorder**
- Part Two: Six Problems Inherent In Any Significant Relationship**
- Part Three: Achieving Authentic Presence**
- Part Four: Conflict Resolution**
- Part Five: The Virtues of Love**

People who bought this series, *POST ROMANTIC STRESS DISORDER* with **John Bradshaw** also bought *WOMANKIND*, *CREATING HEALTHY RELATIONSHIPS*, and *MIDDLE AGE CRAZIES*.

**CD** 10 Hours – Audiobook/Intensive Workshop

**\$199**

ISBN 978-1-57388-192-0



## RELATIONSHIPS

Venerable philosopher, psychologist, counselor, theologian, and **teacher**, **John Bradshaw**, is also an **Emmy-nominated talk show host**. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series, and nationally syndicated talk show **The Bradshaw Difference** with **MGM**.

In this intense lecture series on **RELATIONSHIPS**, **John Bradshaw** offers his perspectives on why it is important to understand how the past affects and contaminates our relationships. This revealing lecture series explores issues pertaining to family-of-origin and source relationship issues. **John Bradshaw** offers hope and concrete ways to enhance intimacy in our life and provides help on ways to complete the past so we can be authentic in our relationships with others.

This series, **RELATIONSHIPS**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

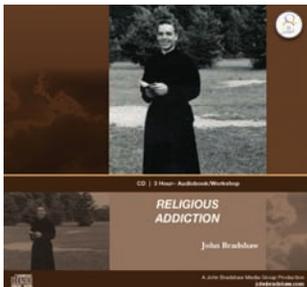
The series **RELATIONSHIPS** with **John Bradshaw**, is suggested for personal, academic, and public libraries and those struggling to find ways to improve the relationships in their lives.

People who ordered this series on **RELATIONSHIPS** with **John Bradshaw** also bought **CREATING LOVE WORKSHOP**, **ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES**, **WAYS TO ENHANCE INTIMACY**, and the blockbuster series **BRADSHAW ON: THE FAMILY**.

**CD** 4 Hours – Audiobook/Lecture

**\$100**

ISBN 978-1-57388-280-4



## RELIGIOUS ADDICTION

**Emmy-nominated talk show host** and veteran philosopher, counselor, theologian, and **teacher**, **John Bradshaw**, has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this remarkably honest lecture, **John Bradshaw** describes how co-dependency can set us up for **Religious Addiction**. In **Religious Addiction**, **John Bradshaw** describes two types of **Religious Addictions** and differentiates them from spiritual health.

This series, **RELIGIOUS ADDICTION**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

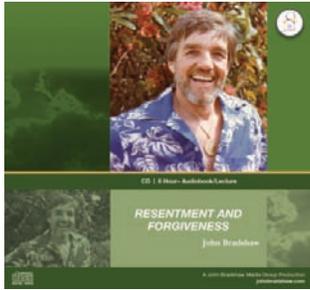
**RELIGIOUS ADDICTION** with **John Bradshaw** is recommended for personal, academic, and public libraries and those searching for new ways to deal with co-dependency and religious addiction.

People who ordered **RELIGIOUS ADDICTION** with **John Bradshaw** also bought **A THEOLOGY OF ADDICTION**, **BRADSHAW ON: EATING DISORDERS**, and the blockbuster series and book **HEALING THE SHAME THAT BINDS YOU**.

**CD** 3 Hours – Audiobook/Lecture

**\$100**

ISBN 978-1-57388-204-0



## RESENTMENT AND FORGIVENESS

America's leading relationship expert, psychologist, philosopher, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series and daytime talk show, **The Bradshaw Difference** with **MGM**. In this powerful workshop series, **RESENTMENT AND FORGIVENESS**, **John Bradshaw** offers his perspectives on and provides a model for working through resentments. This workshop will provide the listener with a concrete methodology to work past resentment through to the next step forgiveness and offers ways enhance interpersonal relationships.

This series, **RESENTMENT AND FORGIVENESS**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as "**One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century.**" Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

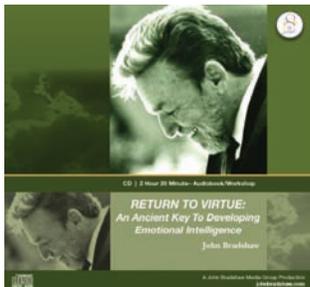
Resentment is a major block to human love. This lecture on **RESENTMENT AND FORGIVENESS** with **John Bradshaw** is recommended for personal, academic, and public libraries and those searching for new ways resolve resentments and find forgiveness so they may have more enriched intimate lives.

People who ordered **RESENTMENT AND FORGIVENESS** with **John Bradshaw** also bought **RETURN TO VIRTUE: An Ancient Key To Developing Emotional Intelligence**, **RIGHT BRAIN HEALING: The Jesus Nature**, and the blockbuster series **BRADSHAW ON: CREATING LOVE: The Next Great Stage Of Growth**.

**CD** 6 Hours – Audiobook/Workshop

**\$175**

ISBN 978-1-57388-256-9



## RETURN TO VIRTUE: An Ancient Key To Developing Emotional Intelligence

*"The development of our emotional intelligence is often far more important to human happiness than IQ..."*  
– **John Bradshaw**

**John Bradshaw**, philosopher, counselor, theologian and **teacher**, has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series. In this special presentation **RETURN TO VIRTUE: An Ancient Key To Developing Emotional Intelligence**, **John Bradshaw** introduces a new understanding of what it takes to foster your own, your children's, and others' moral intelligence. Drawing from ancient sources, he points to an urgent need to cultivate the development of the four cardinal virtues of our lives—**Prudence, Justice, Temperance** and

**Fortitude**. **Prudence** is the perfected state of what is being called **moral intelligence**. Without the virtue of prudence (understood as moral intelligence), no other virtue is possible.

**John Bradshaw** carefully defines emotional intelligence and shows how it is the cornerstone of justice, temperance (self-restraint), and fortitude (courage). This groundbreaking material marries ancient wisdom and modern brain research, offering positive new approaches to re-educating yourself, as well as practical guidelines for educating your children and others. **John Bradshaw's** new ethics of virtue show you how to make the right decision at the right time for the right reason.

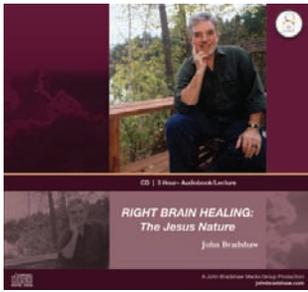
This audio book, **RETURN TO VIRTUE**, with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for new ways to model virtue and re-educate themselves and their children on moral intelligence and right reasoning.

People who bought this series **RETURN TO VIRTUE** with **John Bradshaw** also bought **BUILDING PERSONAL BOUNDARIES**, **HEALING THE SHAME THAT BINDS YOU**, and **FINISHING YOUR BUSINESS WITH MOTHER**.

**CD** 2 Hours, 20 Minutes – Audiobook/Workshop

**\$100**

ISBN 978-1-57388-025-1



## **RIGHT BRAIN HEALING: The Jesus Nature**

**John Bradshaw** is an *Emmy-nominated talk show host* veteran philosopher, counselor, theologian, and teacher. He has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed PBS series. In this remarkable lecture, **John Bradshaw** offers new approaches to prayer and intrapsychic healing. This series combines neurolinguistic programming, meditation, and the traditional theology of Christ. **John Bradshaw** studied for the Catholic priesthood for ten years.

This series, **RIGHT BRAIN HEALING: The Jesus Nature**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary

self-help movement and was elected by his peers of professional therapists as *"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."* Many of his books are *New York Times Best Sellers*. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

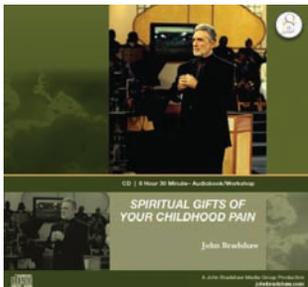
This lecture, **RIGHT BRAIN HEALING: The Jesus Nature** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for new ways to look at right brain healing through neurolinguistic programming, deep meditation and prayer, and the theology of Christ.

People who ordered **RIGHT BRAIN HEALING: The Jesus Nature** with **John Bradshaw** also bought **THE GENIUS OF MILTON ERICKSON**, **MEDITATIONS WITH A DIFFERENCE**, and the blockbuster series **BRADSHAW ON: CREATING LOVE**.

**CD** 3 Hours – Audiobook/Lecture

**\$100**

ISBN 978-1-57388-217-0



## **SPIRITUAL GIFTS OF YOUR CHILDHOOD PAIN**

Spiritual leader, philosopher, counselor, theologian, and **teacher**, **John Bradshaw**, is also an *Emmy-nominated talk show host*. **John Bradshaw** has touched and forever changed millions of lives through his *New York Times Best Sellers*, seminars, workshops, and seven widely acclaimed PBS series.

In this intense workshop series, **SPIRITUAL GIFTS OF YOUR CHILDHOOD PAIN**, **John Bradshaw** helps you discover the spiritual gifts of the transcendent power, of your 'Higher Self.' He guides you in developing the gifts of healing through visualization, creating deep inner peace, clairvoyant and telepathic abilities, and your powers of "therapeutic touch" to enrich and enhance your life. This powerful lecture series shows you the transformative powers and spiritual gifts of your higher powers.

This series, **THE SPIRITUAL GIFTS OF CHILDHOOD PAIN**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as *"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."* Many of his books are *New York Times Best Sellers*. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

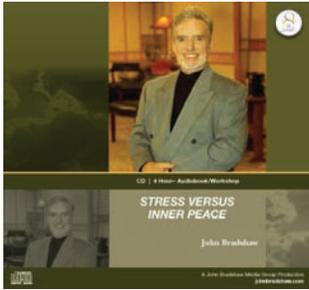
**SPIRITUAL GIFTS OF CHILDHOOD PAIN** with **John Bradshaw** is recommended for personal, academic, and public libraries and those searching for new ways to develop the spiritual gifts of inner peace and their Higher Power.

People who ordered **SPIRITUAL GIFTS OF CHILDHOOD PAIN** with **John Bradshaw** also bought **FINISHING YOUR BUSINESS WITH MOTHER** and **INCEST AND SEXUAL ADDICTION**, as well as the runaway hit, **HOME COMING: Reclaiming and Championing Your Inner Child**.

**CD** 8 1/2 Hours – Audiobook/Intensive Workshop

**\$199**

ISBN 978-1-57388-162-3



## STRESS VERSUS INNER PEACE

Veteran philosopher, counselor, theologian, and **teacher**, **John Bradshaw**, is also an **Emmy-nominated talk show host**. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this important lecture series, **STRESS VERSUS INNER PEACE**, **John Bradshaw** offers his perspectives on ways to reduce stress and find inner peace. In this revealing lecture series, **John Bradshaw** teaches us how to replace stress-producing thought patterns with feelings of inner peace and security. **John Bradshaw** offers hope for the highly stressed and Type A personalities of the world.

**STRESS VERSUS INNER PEACE**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This lecture, **STRESS VERSUS INNER PEACE** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for ways to reduce stress and enhance inner peace, serenity and security in daily life.

People who ordered **STRESS VERSUS INNER PEACE** with **John Bradshaw** also bought **MEDITATION AND CELEBRATIONS** and **PARENTING**, as well as **BUILDING PERSONAL BOUNDARIES**.

**CD** 4 Hours – Audiobook/Intensive Workshop

**\$100**

ISBN 978-1-57388-276-7



## THE CORE OF SPIRITUALITY

**THE CORE OF SPIRITUALITY** is one of acclaimed theologian, philosopher, and **New York Times Best Seller** author, **John Bradshaw's** most powerful lectures. In this series, **John Bradshaw** brilliantly weaves together a core of spirituality using a vast array of philosophical and theological points of view that bring hope to listeners. In this moving lecture, John discusses the ancient tradition of spirituality—one that is rooted in "natural shame", which is the innate affect that lets us know we are limited and that we are imperfect beings...that we are human. We come to realize that we do not need to pursue the culturally accepted norms of perfectionism that create toxic shame.

**John Bradshaw** believes the present spiritual crisis has been precipitated by certain culturally accepted norms of perfectionism. These norms create toxic shame, because as perfectly imperfect beings, we can never measure up to the norms of perfectionism. John sees hope in the 12-Step Movement, which has revived an 'ancient spirituality of imperfection'. **John Bradshaw** illustrates how healthy shame, an awareness of our limits, is crucial for us to function and is the very source of our spirituality.

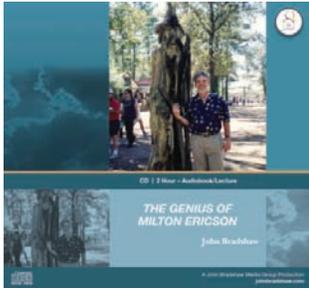
This series, **THE CORE OF SPIRITUALITY** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those interested in discovering their depth of spirituality and how it can guide them in their life.

People who bought this series **THE CORE OF SPIRITUALITY** with **John Bradshaw** also bought **BRADSHAW ON: THE FAMILY, THE SHAME-BASED FAMILY**, and **STRESS VERSUS INNER PEACE**.

**CD** 2 Hours – Audiobook/Lecture

**\$70**

ISBN 978-1-57388-014-5



## THE GENIUS OF MILTON ERICKSON

Psychologist, philosopher, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host**. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this wonderful and enlightening lecture series, **THE GENIUS OF MILTON ERICKSON**, **John Bradshaw** depicts the brilliant and unique work of the genius psychotherapist Milton Erickson.

This series, **THE GENIUS OF MILTON ERICKSON**, is one of many that can be found in our extensive library featuring live recordings of lectures, seminars and workshops with **John Bradshaw**. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This lecture, **THE GENIUS OF MILTON ERICKSON** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for innovative and fascinating ways of therapy and intervention as practiced by Milton Erickson.

People who ordered **THE GENIUS OF MILTON ERICKSON** with **John Bradshaw** also bought **POETRY: MUSIC FOR THE SOUL, DREAMS** and the blockbuster series **HOMECOMING**.

**CD** 2 Hours – Audiobook/Lecture

**\$70**

ISBN 978-1-57388-242-2



## THE NATURE OF SHAME

Venerable philosopher, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host**. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series, and nationally syndicated talk show **The Bradshaw Difference** with **MGM**.

In this intense lecture, **THE NATURE OF SHAME**, **John Bradshaw** offers his perspectives on what shame is and why it is important to understand the difference between toxic shame and natural shame. This revealing lecture series explores toxic shame and how it differs from guilt. **John Bradshaw** shows us how shame impacts our thinking and behaviors.

This series, **THE NATURE OF SHAME**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

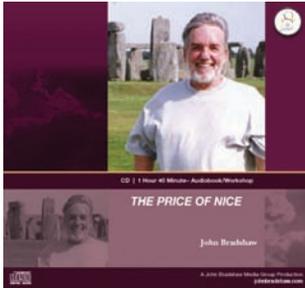
This lecture, **THE NATURE OF SHAME**, with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for a better understanding of the origins of shame and how unhealthy shame can contaminate our lives and self-esteem.

People who ordered this series, **THE NATURE OF SHAME**, with **John Bradshaw**, also bought **WHERE ARE YOU FATHER?, THE PRICE OF NICE**, and the blockbuster series **BRADSHAW ON: FAMILY SECRETS, What You Don't Know CAN Hurt You**.

**CD** 2 Hours – Audiobook/Lecture

**\$85**

ISBN 978-1-57388-165-4



## THE PRICE OF NICE

"The price is of nice is about your own life, and not really being connected with others," says noted **New York Times Best Seller** author **John Bradshaw**.

Nice people often finish last in many ways.

In this powerful lecture, **THE PRICE OF NICE**, psychologist and **Emmy-nominated talk show host John Bradshaw**, exposes the hidden and frequently destructive forces behind the façade of being the "nice guy", a people pleaser, and co-dependent. This lecture is for people who use "nice" as a disguise to cover shame. **John Bradshaw** uncovers the dishonesty, selfishness, and resentments that build as a result. He explains how to heal from co-dependency.

From our earliest years, we learn that we are rewarded with acceptance for being "nice" at the expense of being denied the expression of our true feelings, or being who we really are. Ultimately, we become the actor in a role of being the nice guy or sweetheart. **John Bradshaw** explains how such behavior can destroy relationships and intimacy by never being honestly connected with others. It creates an intimacy vacuum where the victim is the nice person. In its ultimate destructive form, it erupts into rage or spontaneous acts of violence, or it can be internalized in the form of emotional or physical illness.

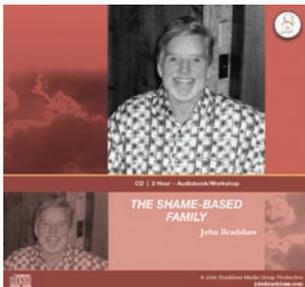
**John Bradshaw** offers practical insights into how we can learn to be kind but firmly direct about how we feel and find that place in our lives where we can be who we are. This series provides excellent resources and will help the listener understand how toxic, and potentially dangerous, a person who is, on most levels, "too nice," can be. Ministers, counselors, therapists, and anyone in helping professions could gain much understanding from the material found in this series. The problem with being overly nice is that it is a mask for stored, internal rage, and it is at the same time rage-producing.

People who bought this series **THE PRICE OF NICE** with **John Bradshaw** also bought **RELIGIOUS ADDICTION**, **FINISHING YOUR BUSINESS WITH YOUR MOTHER**, and **SPIRITUAL GIFTS OF YOUR CHILDHOOD PAIN**.

CD 1 Hour, 40 Minutes – Audiobook/Lecture Series

\$70

ISBN 978-1-57388-225-5



## THE SHAME-BASED FAMILY

Respected psychologist, relationship expert, counselor, venerable theologian, and renowned **teacher, John Bradshaw**, is also an **Emmy-nominated** talk show host. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, seven widely acclaimed **PBS** series, and nationally syndicated talk show **The Bradshaw Difference** with **MGM** studios.

In this intense lecture series, **THE SHAME-BASED FAMILY**, **John Bradshaw** offers his perspective on ways multigenerational shame is transmitted in family systems and is the root cause of addictive and compulsive behaviors. John describes how family-of-origin rules and attitudes become encoded in each family member and how shame is engendered through abandonment and rejection. This type of dysfunctional family system can lead to generations of dysfunctional families, abusers, and addicts, contaminating each new family in its wake. In this intensely personal workshop, **John Bradshaw** offers therapy and treatment methods to heal and stop the insanity of the past. Without this intervention, shame will continue to fuel the fire of addictions. Bradshaw offers hope and concrete ways to rescript, enhance, and enrich your life.

This series, **THE SHAME-BASED FAMILY**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as "**One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century**." Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who ordered **THE SHAME-BASED FAMILY** with **John Bradshaw** also bought **NATURAL SHAME, SEXUALITY AND SPIRITUALITY**, and **HEALING THE SHAME THAT BINDS YOU**, as well as the blockbuster series **BRADSHAW ON: FAMILY SECRETS**.

CD 2 Hours – Audiobook/Lecture

\$70

ISBN 978-1-57388-159-3



## WAYS TO ENHANCE INTIMACY

Veteran philosopher, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy**-nominated talk show host. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this intense lecture series on **WAYS TO ENHANCE INTIMACY**, **John Bradshaw** offers his perspectives on ways to enrich and enhance interpersonal relationships. This revealing lecture series explores relationships relevant to issues pertaining to power, control, sharing feelings, and honesty. **John Bradshaw** offers hope and concrete ways to *enhance intimacy* and to *stay connected* in your life.

This series, **WAYS TO ENHANCE INTIMACY**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This lecture, **WAYS TO ENHANCE INTIMACY** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for new ways to relate and have more enriched intimate lives.

People who ordered **WAYS TO ENHANCE INTIMACY** with **John Bradshaw** also bought **WOMANKIND**, **HUMAN SEXUALITY**, and the blockbuster series **POST ROMANTIC STRESS DISORDER**.

**CD** 6 Hours – Audiobook/Workshop

**\$175**

ISBN 978-1-57388-230-9



## WHEN HELPING DOESN'T HELP

**Emmy**-nominated talk show host and veteran philosopher, counselor, theologian, and **teacher, John Bradshaw**, has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series. In this remarkably honest lecture, **John Bradshaw** describes how *co-dependency* is often found in those in "helping" professions—teachers, counselors doctors, dentists, social workers, nurses, priests and therapists—but this recording is applicable for all "helpers" and "rescuers". We become human *doings* instead of being human *beings*, and we handicap others' growth by not allowing them to experience any disappointment or pain and developmental triumphs.

This series, **WHEN HELPING DOESN'T HELP**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as **"One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century."** Many of his books are **New York Times Best Sellers**. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This lecture, **WHEN HELPING DOESN'T HELP** with **John Bradshaw**, is recommended for personal, academic, and public libraries and those searching for new ways to deal with co-dependency and help for the selflessness of being a helper.

People who ordered **WHEN HELPING DOESN'T HELP** with **John Bradshaw** also bought **CO-DEPENDENCY**, the blockbuster series and book **HEALING THE SHAME THAT BINDS YOU**, **BUILDING PERSONAL BOUNDARIES**, and **THE PRICE OF NICE**.

**CD** 3 Hours – Audiobook/Workshop

**\$100**

ISBN 978-1-57388-212-5



## WHEN MADNESS IS SANE

**John Bradshaw** is an *Emmy*-nominated talk show host veteran philosopher, counselor, theologian, and teacher. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this intense lecture series, **John Bradshaw** offers approaches for anger management. This serious lecture series explores the tragic and insane dynamics of anger, rage-rackets, and reenactments. **John Bradshaw** offers hope and concrete ways to deal with anger management.

This series, *WHEN MADNESS IS SANE*, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as "*One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century.*" Many of his books are *New York Times Best Sellers*. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This lecture, *WHEN MADNESS IS SANE* with **John Bradshaw**, is recommended for personal, academic, and public libraries, and those searching for new ways to approach anger management.

People who ordered *WHEN MADNESS IS SANE* with **John Bradshaw** also bought *BRADSHAW ON: EATING DISORDERS* and *BECOMING LIKE LITTLE CHILDREN*, as well as the blockbuster series *THE PRICE OF NICE*.

CD

3 Hours – Audiobook/Workshop

\$85

ISBN 978-1-57388-221-7



## WHERE ARE YOU FATHER?

Spiritual leader, psychologist, philosopher, counselor, theologian, and teacher, **John Bradshaw**, is also an *Emmy*-nominated talk show host. **John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

In this intense lecture series, *WHERE ARE YOU FATHER?*, **John Bradshaw** offers his perspectives on ways to heal the intense emotional trauma and pain of the absence of our fathers that we can carry into our adult relationships. He draws on his own personal painful and life-altering experience of being a fatherless child, which resulted in him becoming the "surrogate husband" and robbed him of his childhood. The absentee father is one of the greatest tragedies of our time.

Under John's guidance, the listener explores their own childhood relationship with (or absence of) their father. Through this revealing lecture series, we learn how to "father" ourselves and find other fathering sources in our lives. **John Bradshaw** offers hope and concrete ways to help heal the wound of the loss or neglect of a father.

This series, *WHERE ARE YOU FATHER?* is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw's** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as "*One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century.*" Many of his books are *New York Times Best Sellers*. John's works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

This lecture, *WHERE ARE YOU FATHER?* with **John Bradshaw** is recommended for personal, academic, and public libraries and those searching for new ways to have more enriched lives, deal with the emotional trauma and pain of the absentee father, and learn how to embrace ourselves as a "fathering source."

People who ordered *WHERE ARE YOU FATHER?* with **John Bradshaw** also bought *HEALING THE FATHER WOUND*, *BRADSHAW ON: THE FAMILY*, and the blockbuster series *ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES*.

CD

6 Hours – Intensive Audiobook/Workshop

\$150

ISBN 978-1-57388-239-2



## WHERE ARE YOU FATHER?

Spiritual leader, psychologist, philosopher, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, and seven widely acclaimed **PBS** series.

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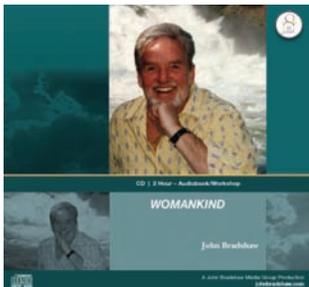
This lecture, **WHERE ARE YOU FATHER?** with **John Bradshaw** is recommended for personal, academic, and public libraries and those searching for new ways to have more enriched lives, deal with the emotional trauma and pain of the absentee father, and learn how to embrace ourselves as a “fathering source.”

People who ordered **WHERE ARE YOU FATHER?** with **John Bradshaw** also bought **HEALING THE FATHER WOUND, BRADSHAW ON: THE FAMILY**, as well as the blockbuster series **ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES**.

**DVD** 1 1/2 Hours – Videobook/Mini-Workshop

**\$60**

ISBN 978-1-57388-087-9



## WOMANKIND

Veteran philosopher, counselor, theologian, and **teacher, John Bradshaw**, is also an **Emmy-nominated talk show host. John Bradshaw** has touched and forever changed millions of lives through his best-selling books, seminars, workshops, magazine columns, seven widely acclaimed **PBS** series, and his daytime talk show, **The Bradshaw Difference** with **MGM**.

In this informative lecture series on **WOMANKIND**, **John Bradshaw** discusses the psychodynamics of today’s woman. This is an important lecture on the empowering force of woman. **John Bradshaw** offers his perspectives on the complexities of womanhood and the importance of self-actualization of woman. The lives of women have been blurred by the patriarchal society.

**John Bradshaw** uses the poetic legend in Greek mythology of Amour, the son of the goddess of beauty Venus, and a beautiful girl Psyche, to describe the stages of women’s self-empowerment, development, and growth. This theme is taken from **Metamorphoses**, by the ancient author Apuleius (2nd Century AD). According to the legend, Psyche was so beautiful Venus was jealous and sent her son Amour to harm Psyche. However, when Amour saw Psyche, he was mesmerized and secreted her to his palace where he saw her every night under the veil of darkness. He prohibited her from seeing his face. Envious and devious sisters prompted Psyche to disobey the ban, and she tried to see her beloved using a night-lamp. When she bent towards her mysterious husband, a drop of oil fell from the lamp waking Amour up. Enraged, he left Psyche.

This series, **WOMANKIND**, is one of the many live recordings of **John Bradshaw**, including lectures, seminars, and workshops that are in our extensive library. Over 2,500,000 professionals and laypersons have attended **John Bradshaw’s** workshops, lectures, and speeches. **John Bradshaw** is a well-respected primary figure in the contemporary self-help movement and was elected by his peers of professional therapists as “**One of the 100 Most Influential Writers on Emotional Health in the Twentieth Century.**” Many of his books are **New York Times Best Sellers**. John’s works are published in 42 languages all over the world. Corporations, institutions, treatment centers, prisons, therapists, and counselors use the theories and therapies presented in his workshops.

People who ordered **WOMANKIND** with **John Bradshaw** also bought **HUMAN SEXUALITY** and the blockbuster series **CREATING LOVE**.

**CD** 2 Hours – Audiobook/Lecture

**\$70**

ISBN 978-1-57388-260-6



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### CONTACT US

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www.JohnBradshaw.com • John's email: YouCanHeal@aol.com

Order inquiries: OrdersAtBradshaw@aol.com • Inquiries about John's events: EventsAtBradshaw@aol.com

John Bradshaw  
PHILOSOPHER, COUNSELOR, THEOLOGIAN AND TEACHER

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Welcome to John Bradshaw's Media programs, covering a wide array of topics. John Bradshaw is a primary figure in the contemporary self-help movement, particularly in the fields of family systems, co-dependency, and addictions and recovery.

Nominated by his peers as one of the 100 most influential Writers on Emotional Health in the 20th Century, he has touched and changed millions of lives around the globe through his best-selling books, sold-out workshops and seminars, and especially his widely acclaimed PBS television series Bradshaw on The Family, Homecoming, Creating Love, Eating Disorders, Family Secrets and many more.

"It is a mark of soulfulness to be present in the here and now. When we are present, we are not fabricating inner movies. We are seeing what is before us."  
- John Bradshaw

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